



1980-2019

40 GERIATRIC NURSING

Vol. 42, No. 1 • January/February 2021 • www.gnjournal.com

Editor: Barbara Resnick, PhD, CRNP, FAAN, FAANP

IN THIS ISSUE

Social Support and Health-Related Quality of Life among Migrant
Obesity and Chronic Pain
Training Hospital Inpatient Nursing to Know (THINK) Delirium
Validation of the 3-minute Diagnostic Interview for CAM-Defined Delirium
Fall Prevention Intervention for Arterial Hypertension
Balance and Functional Mobility Predict Low Bone Mineral Density
The Effect of PARO Robotic Seals
Using fitbit Technology to Manage Type 2 Diabetes
The lived Experience of Spiritual Well-Being Amongst Family Caregivers
The Effects of a Namaste Care Program
Factors Associated with Successful Rehabilitation
Nursing Students' Perceived Value of the Work Environment
Feasibility of an Online Cognitive Behavioral Therapy
Postmenopausal Women with Hypertension
Effects of Oral Nutrition Supplements
Portable EEG Monitoring
Effects of Expressive Arts Therapy
Health-Related Quality of Life in PACE Participants
Determining Discharge Readiness from Home Health
Implementing SAFE™ Care
Impacts of Dance on Agitation and Anxiety
Reactions to COVID-19, Information, and Technology Use



Official publication of the
American Assisted Living Nurses Association
American Geriatrics Society
Gerontological Advanced Practice Nurses Association
Nurses Improving Care for Healthsystem Elders

FEATURED ARTICLES

- 1 Relationship of social support and health-related quality of life among migrant older adults: The mediating role of psychological resilience**
Ling-Na Kong, Nan Zhang, Chi Yuan, Zong-Yu Yu, Wang Yuan, and Guang-Li Zhang
- 8 The association between obesity and chronic pain among community-dwelling older adults: a systematic review and meta-analysis**
Min Qian, Yuxian Shi, and Mingming Yu
- 16 Training hospital inpatient nursing to know (THINK) delirium: A nursing educational program**
Laurence M. Solberg, Colleen S. Campbell, Kimberly Jones, Ivana Vaughn, Uma Suryadevara, Carmen Fernandez, and Ronald Shorr
- 21 Validation of the 3-minute diagnostic interview for CAM-defined Delirium in Chinese older adults**
Meihua Ji, Jiamin Wang, Xue Yang, Yongjun Huang, Yanyan Xiao, and Ying Wu
- 27 Effectiveness of the fall prevention intervention in older adults with arterial hypertension: randomized clinical trial**
Francisca Valuzia Guedes Guerra, Rafaela Pessoa Moreira, Glauciano de Oliveira Ferreltra, Janiel Ferreira Felício, Talissa Frota Cavalcante, Thelma Leite de Araujo, and Marcio Flavio Moura de Araujo
- 33 Balance and functional mobility predict low bone mineral density among postmenopausal women undergoing recent menopause with osteoporosis, osteopenia, and normal bone mineral density: A cross-sectional study**
Hassan Sadeghi, Alireza Ashraf, Neda Zeynali, Bahareh Ebrahimi, and Deborah A Jehu
- 37 The effect of PARO robotic seals for hospitalized patients with dementia: A feasibility study**
Patricia A. Kelly, L. Annette Cox, Sandra F. Petersen, Richard E. Gilder, Amy Blann, Ashley E. Autrey, and Kathryn MacDonell
- 46 Older medical patients' experiences with mobility during hospitalization and the WALK-Copenhagen (WALK-Cph) intervention: A qualitative study in Denmark**
Nina Þórný Stefánsdóttir, Mette Merete Pedersen, Tine Tjørnhøj-Thomsen, and Jeanette Wassar Kirk
- 57 Assessing acceptability and patient experience of a behavioral lifestyle intervention using fitbit technology in older adults to manage type 2 diabetes amid COVID-19 pandemic: A focus group study**
Rozmin Jiwani, Brittany Dennis, Chandler Bess, Siler Monk, Kylie Meyer, Jing Wang, and Sara Espinoza
- 65 The lived experience of spiritual well-being amongst family caregivers of persons with dementia on palliative care**
Michael L. Baumgardner, and Ann M. Mayo
- 72 Validation of the Chinese version of the abnormal eating behavior questionnaire in people with dementia**
Hanxiao Wang, Siman Chen, Xuejiao Lu, Jialan Wu, and Xiaoyan Liao
- 78 The effects of a Namaste care program on quality of life: A pilot study in Iranian women with late-stage Alzheimer's disease**
Zahra Amrollah Majdabadi Kohne, Nasrin Nikpeyma, Firoozeh Bayat, Mahvash Salsali, Paulette V. Hunter, Sharon Kaasalainen, Mohammed Khavasi, Sahar Keyvanloo Shahrestanaki, and Masoud Rezaei

- 83 Factors associated with successful rehabilitation in older adults: A systematic review and best evidence synthesis**
Patricia J. van der Laag, Susanne A.M. Arends, Martine S. Bosma, and Agnes van den Hoogen
- 94 Nursing students' perceived value of the work environment: A discrete choice experiment**
Dijuan Meng, Guilhua Xu, Lin He, Min Zhang, William V. Padula, and Patricia M. Davidson
- 99 Feasibility of an online cognitive behavioral therapy program to improve insomnia, mood, and quality of life in bereaved adults ages 55 and older**
Cassandra Godzik, Sybil Crawford, and Elizabeth Ryan
- 110 Cognitive function and associated factors among postmenopausal women with hypertension and natural menopause in Taiwan**
Cheng-Chen Chou, Li-Yin Chien, Mei-Feng Lin, and Chi-Jane Wang
- 117 Effects of oral nutrition supplements in persons with dementia: A systematic review**
Randi J. Tangvik, Frøydis K. Brøvik, Jorunn Drageset, Kristin Kyte, and Irene Hunsbak
- 124 Portable EEG monitoring for older adults with dementia and chronic pain - A feasibility study**
Lihui Pu, Katarzyna Malgorzata Lion, Michael Todorovic, and Wendy Moyle
- 129 Effects of expressive arts therapy in older adults with mild cognitive impairment: A pilot study**
Yuan-jiao Yan, Rong Lin, Yi Zhou, Yu-ting Luo, Zhen-zhen Cai, Kai-yan Zhu, and Hong Li
- 137 Functional disability mediates the relationship between pain and depression among community-dwelling older adults: Age and sex as moderators**
Lili Ji, Xiaoxia Qiao, Yaru Jin, Huaxin Si, Xinyi Liu, and Cui Li Wang
- 145 Factors associated with health-related quality of life in PACE participants**
Michelle A. McKay, and Linda Copel
- 151 Patients' and caregivers' perspectives in determining discharge readiness from home health**
Melissa O'Connor, Helene Moriarty, Anne Schneider, Elizabeth B. Dowdell, and Kathryn H. Bowles
- 159 Nurses' perceptions of self-management and self-management support of older patients during hospitalization**
Caroline E.M. Otter, Jakobus Smilt, Ellen L. Hagedoorn, Joost C. Keers, Janneke M. de Man-van Ginkel, and Lisette Schoonhoven
- 167 Implementing SAFE™ care: Evaluation of a geriatric model of care for real-world practice**
Nestor Neil A. Peig, Lianna Ansryan, Fotine Mamais, Renee Appleby, Katrina dela Cruz, Erica Caffarini, Judy Yoo, Kimberly Holden, John Brasel, Eileen Gorman, Tracy Guy, Bryant Duong, Meg Furukawa, Kevin Chhan, Cathy Ward, and Pamela S. Miller
- 173 Providing regular grandchild care: Grandparents' psychological and physical health**
Tal Kochli-Hailovsky, Ibrahim Marai, Abraham Lorber, and Miri Cohen

- 181** **Impacts of dance on agitation and anxiety among persons living with dementia: An integrative review**
Crystal G. Bennett, Hillary Fox, Maria McLain, and Camila Medina-Pacheco
- 188** **Reactions to COVID-19, information and technology use, and social connectedness among older adults with pre-frailty and frailty**
Annie T. Chen, Shaoqing Ge, Susie Cho, Andrew K. Teng, Frances Chu, George Demiris, and Oleg Zaslavsky
- 196** **"All I know is that there is a lot of discrimination": Older African immigrants' experiences of discrimination in the United States**
Manka Nkimbeng, Janiece L. Taylor, Laken Roberts, Peter J. Winch, Yvonne Commodore-Mensah, Roland J. Thorpe Jr, Hae-Ra Han, and Sarah L. Szanton
- 205** **Effects of auricular acupressure on depression and anxiety in older adult residents of long-term care institutions: A randomized clinical trial**
Yen-Ting Tseng, I-Hui Chen, Pi-Hsia Lee, and Pi-Chu Lin
- 213** **A systematic review on implementation of person-centered care interventions for older people in out-of-hospital settings**
Zahra Ebrahimi, Harshida Patel, Helle Wijk, Inger Ekman, and Patricia Olaya-Contreras
- 225** **Older adults experiences with ambulation during a hospital stay: A qualitative study**
Barbara King, Jillian Bodden, Linsey Steege, and Cynthia J. Brown
- 233** **"It's a lot!" the universal worker model and dementia care in assisted living**
Regina L. Hrybyk, Ann Christine Frankowski, Mary Nemec, and Amanda D. Peebles
- 240** **Symptom clusters in hospitalized older adults: Characteristics and outcomes**
Anna Zisberg, Ksenya Shulyaev, Nurit GUR-Yaish, Maayan Agmon, and Dorit Pud
- 256** **Coping and adaptation to dementia family caregiving: A pilot study**
Sheria G. Robinson-Lane, Xingyu Zhang, and Armaan Patel
- 262** **AD8 patient-informant discrepancy predicts insight and cognitive impairment in Alzheimer's disease**
Amanda Denny, Katie Bartley, Sean Edwards, Frank Webbe, and Anthony LoGalbo
- 268** **Factors predicting episodic memory changes in older adults with subjective cognitive decline: A longitudinal observational study**
Sangwoo Ahn, Michelle A. Mathiasen, Ruth Lindquist, and Fang Yu
- 276** **Comparison of 6 frailty screening tools in diagnostic properties among Chinese community-dwelling older people**
Huaxin Si, Yaru Jin, Xiaoxia Qiao, Xiaoyu Tian, Xinyi Liu, and Guili Wang
- 283** **Rapid nutritional assessment and intervention in orthopedic rehabilitation patients**
Saeed Niyati, Zara Sajwani, and Kathryn M. Daniel

289 The effect of resistance training on sleep in Chinese older adults: A randomized controlled trial

Zhihui Li, Junxin Li, Guiling Yu, Fang Yu, Kun Li, and Sarah Szanton

295 Implementation effectiveness of psychosocial and environmental care practices in assisted living

Hayley V. Miller, Kimberly Ward, and Sheryl Zimmerman

303 Evaluation of a quality improvement initiative to increase rates of advance directive conversation documentation in primary care

Victoria R. Marino, Kathryn Hyer, LaChiana Hamilton, Anne Maynard Wenders, and Ross Andel

GAPNA SECTION

247 Supporting evidence for geropsychiatric nursing as a subspecialty of gerontological advanced practice nursing

Melodee Harris, Karen Devereaux Mellillo, Linda J. Keilman, George Byron Peraza-Smith, Sharon Bronner, Marcia Walner, Cecilia A Nwogu, Amy M. Lewitz, and Pamela Z. Cacchione

AALNA SECTION

107 Importance of infection control and continence management plans in assisted living communities during the COVID-19 pandemic

Ara Sayabalian, Sheri Easton-Garrett, Armen Kassabian, Margo B. Kunze, and Melissa Carolyn Bruce

AGS SECTION

251 Plotting the steady march of progress: The American Geriatrics Society lays out its plans for a new initiative addressing the intersection of structural racism and ageism in healthcare

Annette Medina-Walpole

NICHE SECTION

253 NICHE members choosing wisely® to ensure high-value care

Kelly Rand, Jennifer Pettis, and Mattia J. Gilmartin

EDITORIAL

A1 Reflecting on the impact of COVID-19 on nurses

Barbara Resnick

Visit our Website at www.gnjournal.com

Official Publication of

AALNA
American Assisted Living
Nurses Association

AGS
Geriatrics
Healthcare
Professionals
Leading Change. Improving Care for Older Adults.

GAPNA
Gerontological Advanced Practice
Nurses Association

NICHE
Nurses Improving Care for
Healthsystem Elders

Publication information: *Geriatric Nursing* (ISSN: 0197-4572) is published bimonthly by Elsevier Inc., 230 Park Avenue, Suite 800, New York, NY 10169. Months of publication are February, April, June, August, October, and December. Periodicals postage paid at New York, NY and additional mailing offices. USA POSTMASTER: Send address changes to *Geriatric Nursing*, Elsevier Customer Service Department, 3251 Riverport Lane, Maryland Heights, MO 63043, USA.