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Never underestimate the value of innovative, not quite evidence based approaches to care
Barbara Resnick

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An integrative review of physical activity/exercise intervention effects on function and health-related quality of life in older adults with heart failure
Theresa A. Floderg and G. Adriana Perez
Higher levels of physical activity, even in older adults already suffering chronic heart failure, may improve physical function and fitness level and thus reduce morbidity and mortality.

Associations among pain, depression, and functional limitation in low-income, home-dwelling older adults: An analysis of baseline data from CAPABLE
Patrick D. Smith, Kathleen Becker, Laken Roberts, Janiece Walker, and Sarah L. Szanton
By addressing pain and depression, two modifiable conditions which are associated with functional limitation, healthcare workers may improve older adults’ quality of life while simultaneously advancing cost-effective, patient-centered care.

Physical activity in older adults in a combined functional circuit and walking program
Nancy Ambrose Gallagher, Philippa Clarke, and Emily Carr
Baseline findings suggest that physical activity in this population may be influenced by both individual and environmental factors, including confidence in the ability to remain physically active despite facility or neighborhood barriers.

The rote administrative approach to death in senior housing: Using the other door
Heidi H. Ewen, Katherina Nikzad-Tehrune, and Jasleen K. Chahal
Findings suggest the need for consistency regarding how senior housing administrators approach the death of a resident and provide support for staff members.

Which characteristics of nursing home residents relate to factors influencing their dignity?
Mariska G. Oosterveld-Vlug, Henrica C.W. de Vet, H. Roeline W. Pasman, Isis E. van Gennip, Dick L. Willems, and Bregje D. Onwuteaka-Philipsen
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