



GERIATRIC NURSING

Vol. 39, No. 1 • January/February 2018 • www.gnjournal.com

Editor: Barbara Resnick, PhD, CRNP, FAAN, FAANP

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Official publication of the
American Assisted Living Nurses Association
American Geriatrics Society
Gerontological Advanced Practice Nurses Association
Nurses Improving Care for Healthsystem Elders

EDITORIAL

FROM THE EDITOR

- 6** What is new in the world of immunizations for 2018

Barbara Resnick

FEATURE ARTICLES

- 9** A hermeneutic phenomenological explorations of living in old age

M^a. Ángeles De Juan Pardo, María Teresa Russo, and María Victoria Roqué Sánchez

The analysis revealed three central themes associated with the experience of being old: changes and limitations related with being aged, the experience that comes from having lived a long life, and an awareness of death.

- 18** Resident challenges with daily life in Chinese long-term care facilities: A qualitative pilot study

Yuting Song, Kezia Scales, Ruth A. Anderson, Bei Wu, and Kirsten N. Corazzini

Interviews provided examples of challenges faced by residents in meeting their daily care needs. Five themes emerged: staff care, care from family members, physical environment, other residents in the facility, and personal strategies.

- 24** A daily skincare regimen with a unique ceramide and filaggrin formulation rapidly improves chronic xerosis, pruritus, and quality of life in older adults

Anne Lynn S. Chang, Suephy C. Chen, Lars Osterberg, Staci Brandt, Erika C. von Grote, and Matthew H. Meckfessel

This regimen provides geriatric patients with an easily incorporated skin routine to help improve a common symptom of aging skin which negatively affects QoL

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- Facilitating aging in place: A qualitative study of practical problems preventing people with dementia from living at home

Theresa Thoma-Lürken, Michel H.C. Bleijlevens, Monique A.S. Lexis, Luc P. de Witte, and Jan P.H. Hamers

To facilitate aging in place and/or to delay institutionalization, nurses in community-based dementia care should focus on assessing problems: informal caregiver/social network-related problems, safety-related problems, and decreased self-reliance.

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- Evaluation of fatigability measurement: Integrative review

Inah Kim, Eileen Hacker, Carol Estwing Ferrans, Craig Horswill, Chang Park, and Mary Kapella

Fatigability measures have been correlated with clinical measures, indicating that fatigability should be measured during routine clinical health screening.

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- Spiritual/religious coping and depressive symptoms in informal caregivers of hospitalized older adults

Luciano Magalhães Vitorino, Laryssa Souza Marins, Alessandra Lamas Granero Lucchetti, Ana Eliza Oliveira Santos, Jonas Preposi Cruz, Paulo José Oliveira Cortez, and Giancarlo Lucchetti

The informal caregiver had used their religious and spiritual beliefs as a way to cope with the stress that comes from caring for hospitalized older adults. Although the positive strategy use of these beliefs was more common, only the negative strategies were associated with higher depressive symptoms.

54 Identification of pseudobulbar affect symptoms in the nursing home setting: Development and assessment of a screening tool

Carrie Allen, Barbara Zarowitz, Terrence O'Shea, Edward Peterson, Charles Yonan, and Fanta Waterman

Pseudobulbar Affect in nursing home residents was associated with chart documentation of uncontrollable crying, presence of a neurologic disorder (e.g., Parkinson's disease), or by the documented presence of at least 2 of the following: stroke, severe cognitive impairment, and schizophrenia.

60 Impact of Alzheimer disease patients' sleep disturbances on their caregivers

Philip Gehrman, Nalaka S. Gooneratne, Glenna S. Brewster, Kathy C. Richards, and Jason Karlawish

Sixty percent of the care-recipients had at least one sleep symptom. In 130 caregiver/patient dyads, nocturnal awakenings, nocturnal wandering, and snoring predicted caregiver burden.

66 The association of nurses' assessment and certainty to pain management and outcomes for nursing home residents in Jordan

Mohammad Rababa

The findings of the study are consistent with the Response to Certainty of Pain model. A high percentage of variances was accounted for by nurses' level of certainty due to potential unexpected confounding variables.

72 Talking about end-of-life care: Perspectives of nursing home residents

Gail L. Towsley and Karen B. Hirschman

Three key domains emerged from the analyses: Preferences for Today, Anticipating the End of My Life, and Preferences for Final Days

77 Sleep disordered breathing in older adults with heart failure with preserved ejection fraction

Lynn M. Baniak and Eileen R. Chasens

Treatment with positive airway pressure reduced nighttime sleep disordered breathing symptoms and improved daytime functional status in persons with heart failure with preserved ejection fraction and sleep disordered breathing symptoms.

84 Can we reduce morphine use in elderly, proximal femoral fracture patients using a fascia iliac block?

Al-Amin M. Kassam, Anthony T. Gough, Joanna Davies, and Rathana Yarlaga

Nerve blocks should be used routinely to help pre-operative pain in hip fracture patients and to reduce the amount of morphine products prescribed.

88 Physical and psychological effects of Qigong exercise in community-dwelling older adults: An exploratory study

Pei-Shiun Chang, M. Tish Knobf, Byeonsang Oh, and Marjorie Funk

A twice weekly Qigong exercise program over 8 weeks is feasible and has potential to improve physical ability, functional health, balance, psychological health and spiritual well-being in older adults.

95 Evaluating the effectiveness of five screening tools used to identify malnutrition risk in hospitalized elderly: A systematic review

Brooke L. Cascio and John V. Logomarsino

There is a need for a universal nutrition screening tool "gold standard" for use in hospitalized older adults.

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VOL. 39, NO. 1 □ JANUARY/FEBRUARY 2018

103 Post-hospitalization experiences of older adults diagnosed with diabetes: "It was daunting!"

Jacqueline B. La Manna, Angeline Bushy, and Denise Gammonley

Findings suggest existing system-level metrics such as readmission rates fail to capture the complex and dynamic interplay of personal, family and social factors which complicate hospital-to-home transitions of older adults with pre-existing diabetes.

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Debra Saliba

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Gerontological Advanced
Practice Nurses Association

NICHE
Nurses Improving Care for
Healthsystem Elders

Publication information: *Geriatric Nursing* (ISSN: 0197-4572) is published bimonthly by Elsevier Inc., 230 Park Avenue, Suite 800, New York, NY 10169. Months of publication are February, April, June, August, October, and December. Periodicals postage paid at New York, NY and additional mailing offices. USA POSTMASTER: Send address changes to *Geriatric Nursing*, Elsevier Customer Service Department, 3251 Riverport Lane, Maryland Heights, MO 63043, USA.