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- Mind Over Bladder

Official publication of the
American Assisted Living Nurses Association
American Geriatrics Society
Gerontological Advanced Practice Nurses Association
Nurses Improving Care for Healthsystem Elders
Nursing home staff perspectives on adoption of an innovation in goals of care communication
Latarsha Chisholm, Sheryl Zimmerman, Cherie Rosemond, Eleanor McConnell, Bryan J. Weiner, Feng-Chang Lin, and Laura Hanson

Staff perceived the Goals of Care decision aid intervention as a positive innovation; it was perceived as more compatible with current practices by male staff, nurses, and more experienced nursing home staff.

The impact of mobility limitations on health outcomes among older adults
Shirley Musich, Shaohung S. Wang, Joann Ruiz, Kevin Hawkins, and Ellen Wicker

Individuals with more severe limitations had increased falls, decreased preventive services compliance and increased healthcare utilization and expenditures.

Fear of falling among community-dwelling older adults: A scoping review to identify effective evidence-based interventions
Mary O. Whipple, Aimee V. Hamel, and Kristine M.C. Talley

This review identified efficacious interventions for treating fear of falling among community-dwelling older adults in order to provide a list of potential treatment options for care providers.

Eldercare and safety: The experiences of older patients and their relatives
Charlotta Åkerlind, Lene Martin, and Christine Gustafsson

The results show that eldercare can promote safety for older patients and their relatives.
186  Calf circumference is associated with dysphagia in acute-care inpatients
Haruyo Matsuo and Yoshihiro Yoshimura
Early detection of low muscle mass could result in improved management of swallowing difficulty and malnutrition, which is expected to facilitate functional recovery in older hospitalized patients.

191  A Mixed Methods Evaluation of the Feasibility and Acceptability of an Adapted Cardiac Rehabilitation Program for Home Care Patients
Jodi L. Feinberg, David Russell, Ana Mola, Melissa Trachtenberg, Irene Bick, Terri H. Lipman, and Kathryn H. Bowles
Qualitative analyses identified three patient themes (self-awareness, nutrition, motivation) and three clinician themes (systematic approach, motivation, patient selection process).

199  Mitigating fall risk: A community fall reduction program
Humberto Reinoso, Ruth G. McCallrey, and David W.M. Taylor
With this project, the authors engaged older adults from the community in a fall risk assessment program, using the Stopping Elderly Accidents, Deaths & Injuries program, and provided feedback on individual participants' risks that participants could share with their primary care physician.

204  Predictive model for health-related quality of life in patients with Parkinson’s disease
Motor fluctuations, depression, sleep disturbances, fatigue, and activities of daily living had significant direct effects on the quality of life of Parkinson’s Disease patients. Disease severity, social support, pain, sleep disturbances, fatigue, and activities of daily living had significant indirect effects on patients’ quality of life.

212  INTERACT in VA Community Living Centers (CLCs): Training and Implementation Strategies
Amy L. Mochel, Nancy D. Henry, Debra Saliba, Ciaran S. Philbys, Joseph G. Ouslander, and Vincent Mor
Interventions to Reduce Acute Care Transfers aims to improve the management of acute changes in residents' conditions by providing tools to help staff recognize subtle changes in condition, improve communication, and implement quality improvement strategies.

219  Executive function: Responses to aerobic exercise in Alzheimer’s disease
Fang Yu, David M. Vock, and Terry R. Barclay
Aerobic exercise may be effective on maintaining executive function in Alzheimer’s Disease.
Geriatric palliative care: Meeting the needs of a growing population
Rebecca M. Saracino, Mei Bai, Leslie Blatt, Larry Solomon, and Ruth McCorkle

Goals of care discussions in initial palliative care consultations for older patients might reduce the odds of hospital readmission. Additionally, the needs of patients ages 85 and older appear distinct from the traditional palliative care cancer model.

Mind over bladder: Women, aging, and bladder health
Joanna E. Long, Saif Khairat, Elizabeth Chimelo, and Mary H. Palmer

The intervention was both effective in helping older women self-manage urinary incontinence and acceptable to the population group.

ASSISTED LIVING COLUMN
Learning from lumberjacks to reduce calls and improve care
Richard G. Stefanacci and Albert Riddle

ACUTE CARE OF THE ELDERLY COLUMN
The challenge of multiple complex chronic conditions
Mary Beth Happ, Lorraine C. Mion, and Sonia Duffy

GAPNA SECTION
Hypodermic clysis: A viable rehydration option?
Samara Russell

NICHE SECTION
TeleWound technology enhances patient care
Nancy DiRico and Kelly Ryan

AGS SECTION
Driving Geriatrics Innovation with a Dose of Disney Curiosity at #AGS18 (May 3-5, 2018)
Debra Saliba

DEPARTMENTS

PHARMACY COLUMN
A new, more effective, vaccine to prevent shingles
William Simonson

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American Assisted Living Nurses Association
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Publication information: Geriatric Nursing (ISSN: 0197-4572) is published bimonthly by Elsevier Inc., 220 Park Avenue, Suite 800, New York, NY 10027. Periodical postage paid at New York, NY, and additional mailing offices. USA POSTMASTER: Send address changes to Geriatric Nursing, Elsevier Customer Service Department, 3251 Riverport Lane, Maryland Heights, MO 63043, USA.