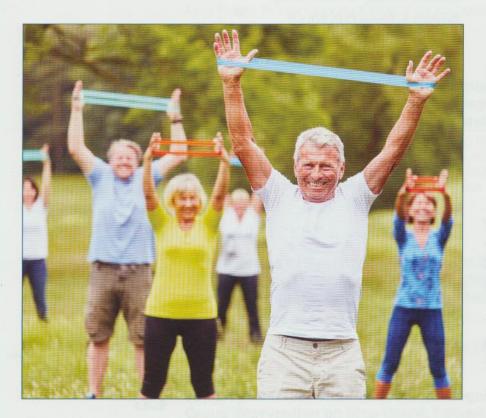
# Gerontological Nursing 50%



Fall concern among caregivers of older adults discharged from the hospital

Older adults' metaphorical perceptions of aging

Improving step count, fatigue, self-efficacy, and quality of life in older adults with arthritis

Care needs of older adults with urinary incontinence

## Resistance band use in conjunction with tai chi

Effects on functional fitness, quality of life, and heart rate variability





## Gerontological Nursing®

### PERSON-CENTERED CARE

Preferences and Quality of Life in Nursing Home Residents: A Mixed Methods Study

Tonya Roberts, PhD, RN; Laura Block, BS, BSN, RN; and Caroline Madrigal, PhD, RN

### RESEARCH BRIEF

**Preliminary Analysis of Fall Concern Among Family Caregivers** of Older Adults Discharged from the Hospital: A Psychometric **Evaluation of the Carers' Fall Concern Instrument** 

Seng Giap Marcus Ang, PhD, RN; Rosemary Saunders, PhD, RN; Chiew Jiat Rosalind Siah, PhD, RN; Yan Hui Celestine Wee, MSc, RN; Christopher Etherton-Beer, PhD, MBBS; Charlotte Foskett, MCSP, Grad.Dip.Phys; Karen Gullick, MSc, RN; Sue Haydon, BA; and Amanda Wilson, PhD, RN

### RESEARCH ARTICLES

Effectiveness of Resistance Band Use in Conjunction With 19 Tai Chi Among Older Adults With Prefrailty to Improve Functional Fitness, Quality of Life, and Heart Rate Variability

Shan-Che Woo, MSN, RN; Miao-Yen Chen, PhD, RN; Liang-Kung Chen, PhD; and Chieh-Yu Liu, PhD

- Older Adults' Metaphorical Perceptions of Aging in Turkey **27** Ayşe Gülay Şahan, PhD; and Asli Kilavuz, PhD, MD
- 35 Long-Term Effect of a Tablet-Based Cognitive Behavioral Group Intervention on Step Count, Fatigue, Self-Efficacy, and Quality of Life in Older Adults With Arthritis: A Pilot Study

Sarah Fiske, PhD, RN, MSN, CNL; Jeungok Choi, PhD, RN, MSN, MPH; Cynthia Jacelon, PhD, RN-BC, CRRN, FAAN; and Christopher R. Martell, PhD, ABBP

43 Care Needs of Older Adults With Urinary Incontinence: A Cross-Sectional Study

> Su Ying Xiang, BSN; Hao Chong He, MSN; Ye Liu, MSN; Bi Jun Yu, MSN; Shu Yuan Mai, MSN; Meng Yuan Li, MSN; Xiao Ying Yan, PhD, MSN; and Xiao Hong Huang, BSN

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