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EDITORIAL

The Value of Secondary Analysis for
Qualitative Inquiry

COLUMNS

INTERPRETATIONS OF CURRENT MATERNAL AND NEONATAL RESEARCH TRIALS

Postoperative Urinary Health Related to
Timing of Indwelling Catheter Removal

CURRENT EVIDENCE TO GUIDE PRACTICE, POLICY, AND RESEARCH

Screening and the New Treatment for
Postpartum Depression

CRITICAL COMMENTARY

Intersectional Examination of
Gender-Inclusive Care and Women's Health

Essential Nursing Actions to Reduce
Inequities for Black Women in the
Perinatal Period

RESEARCH

Randomized Controlled Trial on the Effect
of Group Versus Individual Prenatal Care
on Psychosocial Outcomes

Structural Factors in Health Care
Associated With the Mental Health Needs
of Black Women in California During the
Perinatal Period

Effect of Postpartum Depression on Infant
Safety Practices in Korea

CASE REPORT

Case Report of Umbilical Artery
Thrombosis in a Patient With a History of
Heparin-Induced Thrombocytopenia

PRINCIPLES & PRACTICE

Reducing the Adverse Effects of Birth
Trauma Among Birth Companions

EDITORIAL

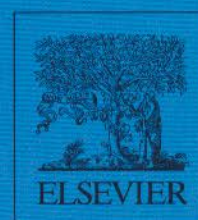
Breaking the Cycle of Nursing Chaos:
The Need to Address the Nursing
Shortage

AWHONN POSITION STATEMENT

Prevention of Fetal Alcohol Spectrum
Disorders

AWHONN PRACTICE BRIEF

Perinatal Care for People With a History
of Metabolic and Bariatric Surgery:
AWHONN Practice Brief #19





EDITORIAL

421 The Value of Secondary Analysis for Qualitative Inquiry

The Associate Editor addresses issues surrounding the analysis of secondary qualitative data.

Cheryl Tatano Beck

COLUMNS

INTERPRETATIONS OF CURRENT MATERNAL AND NEONATAL RESEARCH TRIALS

425 Postoperative Urinary Health Related to Timing of Indwelling Catheter Removal

Urinary retention rates were statistically higher in the immediate removal group compared to the delayed removal group.

Ellise D. Adams

CURRENT EVIDENCE TO GUIDE PRACTICE, POLICY, AND RESEARCH

429 Screening and the New Treatment for Postpartum Depression

The author provides current evidence on screening and the new pharmacological treatment for postpartum depression.

Summer Sherburne Hawkins

CRITICAL COMMENTARY

442 Intersectional Examination of Gender-Inclusive Care and Women's Health

The authors advocate for inclusive, equitable, and respectful care for transgender and gender-nonconforming patients who seek sexual and reproductive health services.

Kelly McGlothen-Bell, Madelyne Z. Greene, Grayson Hunt, and Allison D. Crawford

454 Essential Nursing Actions to Reduce Inequities for Black Women in the Perinatal Period

The authors detail a five-step action framework for nurses in practice, advocacy, research, and education to influence change in health inequity.

Bethany Van Baak, Amy Powell, Jennifer Fricas, and Andrea Caupain Sanderson

RESEARCH

467 Randomized Controlled Trial on the Effect of Group Versus Individual Prenatal Care on Psychosocial Outcomes

Participants in the group prenatal care group had increased use of coping strategies in late pregnancy compared with participants in the individual prenatal care group.

Jessica C. Smith, Emily C. Heberlein, Amber Domingue, Ana LaBoy, Jessica Britt, and Amy H. Crockett

481 Structural Factors in Health Care Associated With the Mental Health Needs of Black Women in California During the Perinatal Period

Black women had low rates of screening for perinatal mood and anxiety disorders, and few structural factors in health care increased their odds of receiving mental health treatment.

Kortney Floyd James, Alexandra M. Klomhaus, Thomas Elliott, Michael Mensah, Kia Skrine Jeffers, and Kristen R. Choi

491 Effect of Postpartum Depression on Infant Safety Practices in Korea

Enhanced screening and integrated programs are needed to help women with postpartum depression adopt infant safety practices.

Hyunjeong Kwon and Jieun Kim

Continued

On Our Cover:

Egon Schiele. *Nursing Mother* (Stephanie Gruenwald) 1917. Location: Private Collection. Photo credit: Erich Lessing/Art Resource, NY.

CASE REPORT

- 501 **Case Report of Umbilical Artery Thrombosis in a Patient With a History of Heparin-Induced Thrombocytopenia**

Expectant management of umbilical artery thrombus in a proactive pregnant woman, extensive monitoring, and multidisciplinary collaboration can lead to a viable term cesarean birth.

Rebecca Dindinger, Bethany M. Mulla, and Christopher Stucky

PRINCIPLES & PRACTICE

- 509 **Reducing the Adverse Effects of Birth Trauma Among Birth Companions**

Protective perinatal nursing strategies during the antenatal, intrapartum, and postnatal period can mitigate the adverse effects of birth trauma among birth companions and families.

Sanna H. Kinrade

ARTICLES ONLINE

Access these and all articles at <http://jognn.org>.

EDITORIAL

- e1 **Breaking the Cycle of Nursing Chaos: The Need to Address the Nursing Shortage**

AWHONN POSITION STATEMENT

- e5 **Prevention of Fetal Alcohol Spectrum Disorders**

AWHONN PRACTICE BRIEF

- e8 **Perinatal Care for People With a History of Metabolic and Bariatric Surgery: AWHONN Practice Brief #19**

An official practice brief from the Association of Women's Health, Obstetric and Neonatal Nurses.