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#### Special Issue: Women's Mental Health Across the Life Course

#### **EDITORIALS**

Promoting Women's Mental Health Across the Life Course

Racial Categorization in Women's Mental Health Research Fails to Meet the Needs of Multiracial, Biracial, and Mixed-Race Women in the United States

Strategies to Improve Women's Mental Health Across the Life Course

#### **COLUMNS**

#### STATISTICS FOR NURSING RESEARCH

Longitudinal Analysis in Maternal Mental Health Research

## CURRENT EVIDENCE TO GUIDE PRACTICE, POLICY, AND RESEARCH

Associations Between Menopause and Depression

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Feasibility and Acceptability of the We See You, Sis Sister Circle for Black Women With Depression Symptoms

#### REVIEW

Meta-ethnography of the Experiences of Women of Color Who Survived Severe Maternal Morbidity or Birth Complications

#### RESEARCH

Perceptions of Women in Opioid Recovery Regarding Policies and Laws on Sexual and Reproductive Health

Associations Among Lifetime Discrimination Typologies and Psychological Health in Black and Hispanic Women After Birth

Relationships Among Endorsement of the Superwoman Schema and Health Outcomes

Mental Health Experiences of Muslim American Women During the Perinatal Period

Secondary Qualitative Analysis of Stigmatizing and Nonstigmatizing Language Used in Hospital Birth Settings

#### **CASE REPORT**

Case Report of Dysphoric Milk Ejection Reflex





**ELSEVIER** 

# JOGNN

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#### **EDITORIALS**

#### Promoting Women's Mental Health Across the Life Course

The guest editors for this series describe the importance of a life course perspective to women's mental health and introduce the articles in the issue.

Shannon D. Simonovich, Kelly McGlothen-Bell, and Beverly Rossman

# Racial Categorization in Women's Mental Health Research Fails to Meet the Needs of Multiracial, Biracial, and Mixed-Race Women in the United States

The author challenges women's mental health researchers to critically examine the categories of race available for research participants, surveillance data, and medical records.

Karen M. Tabb

#### 9 Strategies to Improve Women's Mental Health Across the Life Course

The authors describe four important strategies to improve women's mental health during the perinatal period and across the life course.

Shannon D. Simonovich, Janna Stephens, Hsiang Huang, and Karen M. Tabb

#### REVIEWER ACKNOWLEDGMENT

#### 13 2024 JOGNN Reviewers

#### **COLUMNS**

#### STATISTICS FOR NURSING RESEARCH

#### 15 Longitudinal Analysis in Maternal Mental Health Research

The author describes a lifespan-based approach to understanding maternal depression and the statistical considerations essential for evaluating interventions.

Oliwier Dziadkowiec

### CURRENT EVIDENCE TO GUIDE PRACTICE, POLICY, AND RESEARCH

#### 20 Associations Between Menopause and Depression

The author provides current evidence on the association between menopause and depression.

Summer Sherburne Hawkins

#### **BRIEF REPORT**

#### Feasibility and Acceptability of the We See You, Sis Sister Circle for Black Women With Depression Symptoms

In this study, the We See You, Sis virtual sister circle was a feasible and acceptable mental health intervention for middle- and older-aged Black women with symptoms of depression.

Kia Skrine Jeffers, Felica Jones, and O. Kenrik Duru

#### REVIEW

#### Meta-ethnography of the Experiences of Women of Color Who Survived Severe Maternal Morbidity or Birth Complications

The experiences of women of color who survived severe maternal morbidity or complications during pregnancy and/or childbirth suggest shortcomings in maternal health care delivery and offer opportunities for improvement.

Cristina Chandra Mills, Eileen M. Condon, and Cheryl Tatano Beck

#### RESEARCH

#### Perceptions of Women in Opioid Recovery Regarding Policies and Laws on Sexual and Reproductive Health

Policy and law affect family planning experiences and access to substance use treatment for women in recovery from opioid use disorder.

Jessica L. Zemlak, Aleigha Barry, and Nicole Mattson

#### JOGNN CONTENTS, Continued

# 60 Associations Among Lifetime Discrimination Typologies and Psychological Health in Black and Hispanic Women After Birth

Participants who experienced moderate to high discrimination across all or specific life domains had greater postpartum depression and perceived stress scores at 6 months after birth.

Jihye Kim Scroggins, Maxim Topaz, Se Hee Min, and Veronica Barcelona

#### 88 Relationships Among Endorsement of the Superwoman Schema and Health Outcomes

Findings offer insight into the psychological and social processes that affect Black women and the development of culturally competent intervention programs to address chronic disease.

Alescia M. Farr, Jocelyn Smith Carter, and Kashica J. Webber-Ritchey

#### 102 Mental Health Experiences of Muslim American Women During the Perinatal Period

The maternity care team should be educated on the perinatal support needs of the growing Muslim American community in the United States to optimize clinical outcomes and improve patient experience of care.

Miriam Kanan, Nadia Quad, Xavier R. Ramirez, Nahida Nayaz Ahmed, Hsiang Huang, Karen M. Tabb, and Shannon D. Simonovich

# 112 Secondary Qualitative Analysis of Stigmatizing and Nonstigmatizing Language Used in Hospital Birth Settings

We extend previous work studying stigmatizing language in clinical notes from birth settings to include new stigmatizing and nonstigmatizing language categories.

Veronica Barcelona, Jihye K. Scroggins, Danielle Scharp, Sarah E. Harkins, Dena Goffman, Janice Aubey, and Maxim Topaz

#### CASE REPORT

#### 123 Case Report of Dysphoric Milk Ejection Reflex

A greater understanding of the characteristic symptoms of dysphoric milk ejection reflex and management strategies is important for health care professionals who support breastfeeding.

Denise McGuinness and Timothy Frawley