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Are you prescribing the right medication?

Psychotropic alternatives to
antipsychotic medications for dementia

Undergraduate clinical simulation scenarios

Long-term benefits for nursing
practice—page 40

Minimizing restraint

Staged implementation of
strategies to reduce use—page 32



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Pharmacology Focus

- 18** Product Update
- 19** Clip & Save: Drug Chart
Sleep Disorders
- 21** Methylene Blue: The Long and
Winding Road From Stain to
Brain: Part 2
Robert H. Howland

Original Articles

32 **Implementation of the Six Core
Strategies for Restraint Minimization in a
Specialized Mental Health Organization**

Staged application of these strategies resulted in decreased restraint and seclusion incidents in one recovery-oriented facility.

Sanaz Riahi, Ian C. Dawe, Melanie I. Stuckey, and Philip E. Klassen

40 **Clinical Simulation in Psychiatric-
Mental Health Nursing: Post-Graduate
Follow Up**

Nurses who completed simulations regarding suicide attempts as part of their undergraduate coursework found these beneficial when faced with encounters in the clinical setting.

Mary LuAnne Lilly, Melinda Hermanns, and Bill Crawley

46 **Psychotropic Alternatives to
Antipsychotic Medications in Treating
Dementia Behaviors: An Evidence-
Based Practice Protocol**

A hierarchy is presented in regard to medication decision making.

Nancy M. Birtley

Sections

- 13** Editorial
- 16** News
- 27** Suicide in Childhood
Simone C. Durand and Teena M. McGuinness
- 54** CNE Quiz
- 60** NARSAD Art