

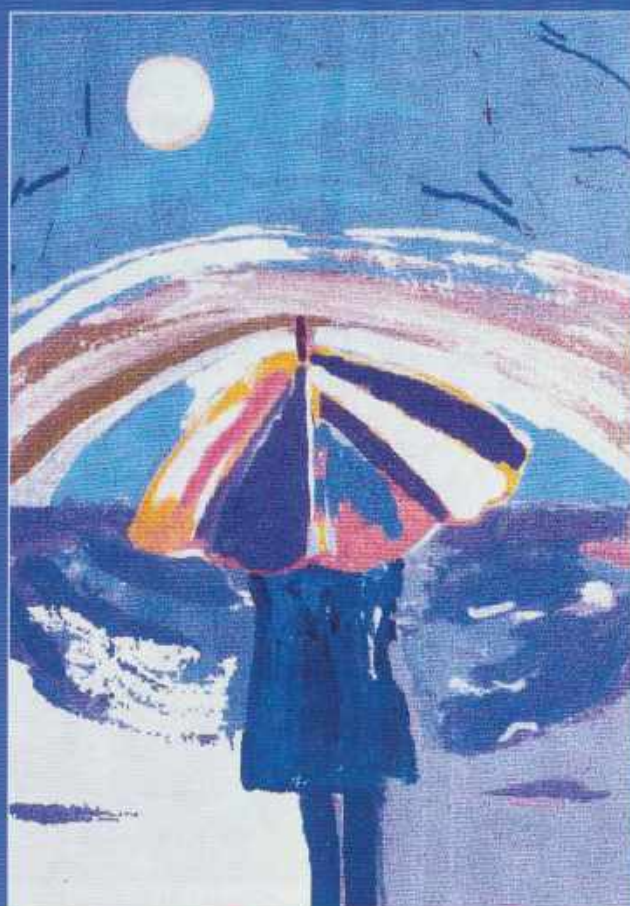
# JPN JOURNAL OF PSYCHOSOCIAL NURSING®

January 2021 Volume 59, Number 1

AND MENTAL HEALTH SERVICES

Cited in MEDLINE/PubMed

Healio  ACCESS FULL TEXT  
at [Healio.com/JPN](https://www.healio.com/JPN)



**Nudges to Support Health and Wellness for  
Individuals Served by Behavioral Health  
Programs**

**Parents' Experiences of Caring for Their Only  
Child With Mental Illness in China:  
A Qualitative Study**

**Prevalence, Barriers, and Interventions  
Related to Medication Adherence Among  
Patients With Major Depressive Disorder:  
A Scoping Review**

SLACK  
INCORPORATED





## Feature Articles

21

### Nudges to Support Health and Wellness for Individuals Served by Behavioral Health Programs

Patricia B. Nemec, PsyD, CRC, CPRP; Margaret Swarbrick, PhD, FAOTA; Amy Spagnolo, PhD, CPRP; and Crystal L. Bradow, PhD

29

### Parents' Experiences of Caring for Their Only Child With Mental Illness in China: A Qualitative Study

Qingqing Sheng, RN; Xi Zhang, RN; Chunfeng Cai, RN; and Yan Shi, RN

39

### Prevalence, Barriers, and Interventions Related to Medication Adherence Among Patients With Major Depressive Disorder: A Scoping Review

Anas H. Khalifeh, RN, MSN, ANS-PMHN; and Ayman M. Hamdan-Mansour, PhD, RN, MSN



## Sections

9

### PSYCHOPHARMACOLOGY

Genetic and Environmental Contributions to Mental Illness With Implications for Evaluation and Treatment

Karan Kverno, PhD, PMHNP-BC, PMHCNS-BC, FAANP

15

### AGING MATTERS

Relationship of Loneliness and Social Isolation With Self-Care Ability Among Older Adults

Reza Shamlou, MSc, RN; Nasrin Nikpeyma, PhD; Shahzad Pashaeipour, PhD; Leyla Sahebi, PhD; and Zahra Mehrgou, MSc, RN

## Departments

2

Guest Editorial

6

Thank You to Reviewers

7

Clip & Save: Drug Chart Year in Review

52

NARSAD Artworks