The American Journal of Maternal/Child Nursing®

Birth Center Breastfeeding Rates

- First-Time Mothers Using **Social Networking Sites**
- NC Pediatric Specialty Associations and their Role in Leadership Development

Nurses Experts in Safe Sleep Program Implementation

Effects of Acupressure on Lactation

Pregnant Women's Perception of Secondhand **Smoke Exposure**





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feature articles

Birth Center Breastfeeding Rates: A Literature Review

Breastfeeding rates in the United States fall short of national targets and are marked by racial and ethnic disparities. There are limited data on birth center breastfeeding rates. In this PRISMA-guided literature review, breastfeeding rates that exceeded actual and target national breastfeeding rates were reported among all studies of birth centers. Giving birth in a birth center is associated with higher than national breastfeeding rates.

Erin K. George, MSN, CNM

First-Time Mothers' Invisible Presence Using Social Networking Sites

New mothers are frequent users of social media sites. In this study, 21 first-time new mothers were interviewed about how they used social media during the first months postpartum. Mothers reported they logged on multiple times a day, often during the night and adjusting to infant feeding and napping schedules. They believed the sites offered a safe space for mothers to have access to information and support while maintaining some degree of anonymity. Nurse familiarity with existing online social media sites can be beneficial in guiding new mothers to reputable resources.

Gail M. C. Elliott, PhD, RN, Susan Letvak, PhD, RN, FAAN, Denise Côté-Arsenault, PhD, RN, CPLC, FNAP, FAAN, Debra C. Wallace, PhD, RN, FAAN, Julia Mendez Smith, PhD

Pediatric Specialty Nursing Associations and their Role in Leadership Development

In this scoping review, articles about pediatric specialty nursing associations and their role in leadership development were evaluated, along with the websites of the 10 current pediatric nursing specialty organizations. Although there are leadership programs sponsored by professional nursing organizations and mentions of leadership in their mission and "about us" statements, there is very little empirical evidence of the contributions that pediatric nursing specialty bodies make to the development of nurse leaders. Future research is needed to empirically support the value of professional organizations to their members. Judy A. Beal, DNSc, RN, FNAP, FAAN



337 Subject Matter Expert Nurses in Safe Sleep Program Implementation

In this quality improvement project, maternity and neonatal nurses in hospitals in Pennsylvania participated in a safe infant sleep program. After education, they became safe sleep subject matter experts who were knowledgeable, highly respected, expert communicators and collaborators committed to achieving high performance standards, and skilled in the evaluation, measurement, and dissemination of outcomes. They felt their education had prepared them to conduct data collection, synthesis, and dissemination activities associated with infant sleep safety.

Marilyn Stringer, PhD, WHNP, FAAN, Bonnie Renner Ohnishi, BSN, RNC-MNN, Deborah Ferrarello, MSN, MS, RN, IBCLC, NE-BC, Jessica Lazzeri, MSN, RN, NEA-BC, Nicholas A. Giordano, PhD RN, Rosemary C. Polomano, PhD, RN, FAAN

345 Effects of Acupressure on Lactation: SDC An Integrated Review

Insufficient milk supply is a common reason for new mothers to stop breastfeeding. In this integrated review of the literature, studies on the effects of acupressure on lactation are reviewed. More evidence is needed, however, based on these results, acupressure may be a promising, inexpensive method of enhancing secretory activation during the early days postpartum that perinatal clinicians can learn.

Miriam A. Rosetti, MAPP, C-IAYT, BSN, RN, Diane L. Spatz, PhD, RN-BC, FAAN

353 Pregnant Women's Perception of Secondhand Smoke Exposure

Birth outcomes such as low birth weight, preterm birth, and delayed infant neurodevelopment are associated with secondhand smoke exposure during pregnancy. In this qualitative phenomenological study, 15 pregnant women shared their perspectives on secondhand smoke exposure. Findings underscore the role of nurses working with pregnant women living with household members who smoke to educate women about risks and strategies for avoidance and to enhance women's self-confidence in advocating for themselves to reduce their exposure.

Rada Artzi-Medvedik, PhD, MN, RN, LC, Nourhan Mohamed, BS, Ilana R. Azulay Chertok, PhD, MSN, RN, IBCLC

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ongoing columns

309 EDITORIAL

Overturning Roe v. Wade: What are the Implications for Perinatal Nurses?

The Supreme Court's decision to overturn Roe v. Wade has far reaching implications for women's health in the United States. Being forced to continue pregnancy will likely have a negative effect on maternal morbidity and mortality including mental health. The practice implications for perinatal nurses are discussed.

Annie J. Rohan, PhD, RN, FAANP, FAAN Associate Editor, MCN

HOT TOPICS IN MATERNITY NURSING New Management Guidelines for

Mild Hypertension During Pregnancy
After publication of an important randomized trial
about the blood pressure threshold for medication treatment for mild hypertension in pregnancy, the American
College of Obstetricians and Gynecologists and the Society for Maternal-Fetal Medicine issued a joint practice
advisory on new guidelines for managing women with
hypertensive disorders of pregnancy. Our maternity

nursing expert, Dr. Bernstein, explains study findings and implications for clinical practice.

Samantha L. Bernstein, PhD, RNC-OB, IBCLC

HOT TOPICS IN PEDIATRIC NURSING Impact of COVID-19 on Mental Health in Children and Adolescents

Recent research confirms the major negative effect the COVID-19 pandemic has had on the mental health of children and adolescents. Our pediatric nursing expert, Dr Beal, covers the latest evidence and summarizes several government reports on the pandemic's implications for youth mental health. Pediatric nurses are in a key position to identify youth who are experiencing these mental health issues and initiate timely referrals.

Judy A. Beal, DNSc, RN, FAAN

361 BREASTFEEDING

Treatment of Low Milk Supply

The formula shortage several months ago highlighted the experiences of many women with breastfeeding challenges. Our breastfeeding expert, Dr. Spatz, provides an overview of the state of treatment for low breast milk supply in the United States.

Diane L. Spatz, PhD, RN-BC, FAAN

362 GLOBAL HEALTH AND NURSING Global Peripartum Mental Health: The Silent Burden for Women in Low- and Middle-Income Countries

Global maternal mental health issues are increasing in low- and middle-income countries as well as the United States. The COVID-19 pandemic has had a negative effect on maternal mental health. Our global health and nursing expert, Dr. Callister, summarizes some of the recently published evidence on global maternal mental health.

Lynn Clark Callister, PhD, RN, FAAN

364 TOWARD EVIDENCE BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Annie J. Rohan, PhD, RN, FAANP, FAAN

Comments by: Ellise D. Adams, PhD, CNM June C. Paul, DNP, MPH, CNM, FNP-C Joan P. Totka, PhD, RN

367 PERINATAL PATIENT SAFETY

Maternal Morbidity and Mortality Crisis in the United States: Strategies for Improvement from the White House and the Centers for Disease Control and Prevention

Recent recommendations from the White House and the Centers for Disease Control and Prevention for improvement in maternal health in the United States are covered. Despite multiple government reports identifying the problems and suggesting changes, maternal mortality is at an all time high in the United States and more than double the rates of peer countries.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing's mission is to promote safe, high-quality nursing care based on the most current evidence, standards, and guidelines for nurses practicing in maternity, neonatal, midwifery, and pediatric specialties through dissemination of evidence-based, clinically relevant articles including research, practice, policy, quality improvement, and scholarly reviews. This peer-reviewed journal covers aspects of maternal, neonatal, and pediatric nursing care in the inpatient, outpatient, and community health settings.

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