

# MCN

*The American Journal of Maternal/Child Nursing®*

## **SPECIAL TOPICS SERIES: Miscarriage**

### **CE Clinical Aspects of Miscarriage**

**Interdisciplinary  
Guidelines for Care of  
Women With Pregnancy  
Loss in the ED**


**Recommendations for  
Respectful Disposition  
After Miscarriage**

**Educating ED Nurses  
About Miscarriage**

**Newborn Safety Bundle:  
Preventing Falls and  
Promoting Safe Sleep**

**Nurse Perceptions of *Ten  
Steps* Implementation**

### **CE GALT Deficiency Galactosemia**

 Wolters Kluwer





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## feature articles

### 6 Clinical Aspects of Miscarriage

**CE** *Understanding the clinical aspects of miscarriage, as well as the emotional care of families experiencing early pregnancy loss, is important to nurses in all areas of the hospital. A clinical review and recommendations for care are offered for nurses caring for women who have a miscarriage.*

Marie A. Walter, MS, RN, C-EFM, CPLC,  
Mary S. Alvarado, MD

### 13 Interdisciplinary Guidelines for Care of Women Presenting to the Emergency Department With Pregnancy Loss

*An interdisciplinary summit was held to explore the needs of women who present to the emergency department with actual or potential pregnancy loss. Thirty-two experts in the field of pregnancy loss, 17 of whom represented their professional organizations, participated. The guidelines that were developed delineate how to better provide physical, emotional, and bereavement support to woman and their families at any stage of pregnancy loss. Reprinted with permission from The National Perinatal Association.*

Anita Catlin, DNSc, FNP, FAAN

### 19 Respectful Disposition After Miscarriage: Clinical Practice Recommendations

**SDC**

*Respectful disposition after miscarriage is a continuum of care that includes procedures for the safe and respectful handling of all fetal remains, accurate and sensitive patient information, disposition options, and person-, family-, and culture-centered nursing care. Compassionate clinical practice guidelines for healthcare providers for respectful disposition after miscarriage are presented.*

Elizabeth Levang, PhD, Rana Limbo, PhD, RN, CPLC, FAAN,  
Tammara Ruiz Ziegler, RN, CPLC

### 26 Educating Emergency Department Nurses About Miscarriage

*Recommendations for perinatal bereavement education and guidance for clinical practice for emergency department nurses who care for women experiencing miscarriage are offered to assist in understanding the individualized experience of early pregnancy loss and giving compassionate care.*

Joyce L. Merrigan, DNP, BSN, CPLC, RNC-OB

### 32 Newborn Safety Bundle to Prevent Falls and Promote Safe Sleep

*It is not uncommon for mothers to fall asleep while holding their baby during postpartum hospitalization. In this context, newborn babies are at risk for falls and suffocation. The clinical team at one hospital developed a newborn infant safety bundle to promote safe sleep and minimize risk of infant falls and drops. Results are promising in preventing unsafe sleep conditions and newborn falls.*

Bethann Lipke MS, CNS, RN-BC, Gael Gilbert, MPH, MBA, BSN, RN, Heather Shimer, MSN, CNS, RNC-OB, BCLC, C-EFM, Larry Consenstein, MD, Christine Aris, MS, NNP-BC, RN, Lynne Ponto, BSN, RNC, Susan Lafaver, BSN, RNC, EFMc, Christopher Kowal, DNP, RN, CCRN-CSC

### 38 Maternity Nurses' Perceptions of Implementation of the Ten Steps to Successful Breastfeeding

*Nurses are vital to successful implementation of the Ten Steps to Successful Breastfeeding. This study evaluated maternity nurses' perceptions of promoting the Ten Steps in the hospital setting and their suggestions for how to overcome barriers and challenges.*

Emilie M. Cunningham, MPH, CCE, CLC,  
Eva I. Doyle, PhD, Rodney G. Bowden, PhD

### 44 GALT Deficiency Galactosemia

**CE**

*Galactosemia is an inborn error of galactose metabolism that results from a deficiency in one of three enzymes. This article focuses on classical, clinical variant and biochemical variant (Duarte) galactosemias. Confirmatory testing, acute and long-term management, and outcomes for these galactosemia types are discussed, as well as the importance of genetic counseling and testing for the infant and family to refine reproductive risk.*

Sharon Anderson, DNP, NNP-BC, APNG





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## ongoing columns

### 5 GUEST EDITORIAL Miscarriage

*Compassionate, helpful, sensitive nursing care to women experiencing early pregnancy loss is the goal of providing the content of the four articles in this special topics series to MCN readers. Each article has a specific focus on an important aspect of care for women having a miscarriage.*

Rana Limbo, PhD, RN, CPLC, FAAN

### 52 HOT TOPICS IN MATERNITY NURSING Intrapartum Management of Chorioamnionitis

*The American College of Obstetricians and Gynecologists issued a new committee opinion on intrapartum management of intraamniotic infection. Our maternity nursing expert, Kirsten Wisner, covers details of the recommendations for clinical practice.*

Kirsten Wisner, MS, RNC-OB, CNS, C-EFM

### 53 NUTRITION FOR THE FAMILY Vegetarian Diet During Pregnancy: Making Sure Vitamin B12 Intake is Adequate

*A well-planned vegetarian diet, including vegan, can be nutritionally sound with positive outcomes. However, failure to identify inadequacies of vitamin B12 can have serious results. Our expert on nutrition, Denise Snow, provides details on current recommendations to make sure women on a vegetarian diet get an adequate amount of vitamin B12.*

Denise Snow, JD, CNM, NP, RN

### 54 GLOBAL HEALTH AND NURSING

#### The Tragedy of Stillbirth Globally

*In 2015, there were 2.6 million stillbirths globally, with 1.3 million occurring during labor and birth. Twenty countries have the highest rates of stillbirths, accounting for 76% of those deaths. Ninety-eight percent of stillbirths occur in low and middle income countries. Current efforts to prevent stillbirths are discussed by Dr. Callister, our expert on global health and nursing.*

Lynn Clark Callister, PhD, RN, FAAN

### 55 HOT TOPICS IN PEDIATRIC NURSING

#### 13 Reasons Why: A Trigger for Teen Suicide?

*The Netflix series 13 Reasons Why that depicts the story of a teenage girl who commits suicide and delivers thirteen audiotaped cassettes to classmates who played a role in her decision to kill herself has generated controversy among parents and healthcare professionals. Our pediatric nursing expert, Dr. Beal, explains why the series has become a source of concern and how it might lead to a better understanding and more open dialogue of this issue.*

Judy A. Beal, DNSc, RN, FNAP, FAAN

### 56 TOWARD EVIDENCE BASED PRACTICE

*Experts suggest how 6 research articles can be used in nursing practice.*

Coordinated by Annie Rohan, PhD, RN, NNP-BC, CPNP-PC, FAANP

Laura L. Hayman, PhD, MSN, FAAN,  
Eileen T. Lake, PhD, RN, FAAN

### 60 PERINATAL PATIENT SAFETY

#### Vaginal Seeding of Babies Born via Cesarean

*With growing interest in the microbiome and its implications for health, more research is evolving on how interventions during labor and birth influence newborn and infant microbiota. Some parents are requesting vaginal seeding of their babies born via cesarean. Possible benefits are theoretical and research to date is quite limited, however, there are significant potential risks of unintended harm if infection is transferred to the baby with this procedure. A brief summary of vaginal seeding is offered with recommendations for practice.*

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

## MISSION STATEMENT

**MCN: The American Journal of Maternal Child Nursing**, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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