

# MCN

*The American Journal of Maternal/Child Nursing®*

**CE** Teen Fathering:  
Meta-synthesis


**CE** Safety of Over-the Counter  
Medications during  
Pregnancy

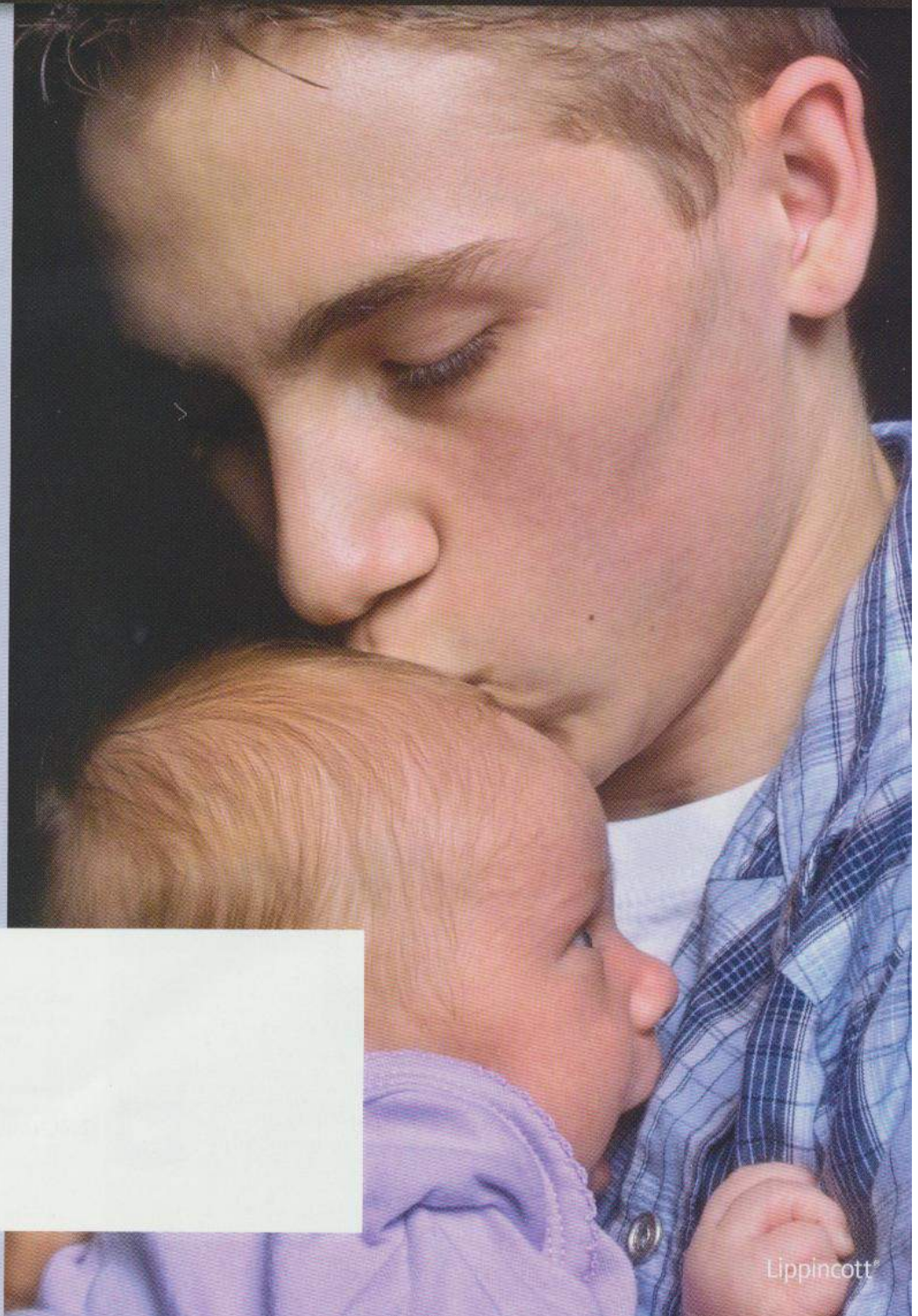
Parental Uncertainty during  
Infant Illness

Care for Pregnant Women  
Who Use Opioids

Tandem Breastfeeding

Support Groups for New  
Mothers

 Wolters Kluwer



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## feature articles

### 186 **CE** Fathering on Tenuous Ground: A Qualitative Meta-Synthesis on Teen Fathering

*In this meta-synthesis, Dr. Lee SmithBattle, who has been studying teen pregnancy for many years, and her colleagues, reviewed studies on teen fathering. Based on their analysis, teen fathering can be quite challenging. Many factors imperil young fathers' involvement with their children, however becoming a father engenders a new identity anchored by paternal responsibilities. Nurses can use these findings to further their understanding of teen fathering and offer their support.*

Lee SmithBattle, RN, PhD, Wisitsri Phengnum, MSN, RN, NNP, Anne Winnie Shagavah, MSN, RN, FNP-BC, Satoko Okawa, PhD, RN

### 196 **CE** Safety of Over-the Counter Medications in Pregnancy

*Use of over-the-counter medications during pregnancy and breastfeeding is wide-spread. In this review, details of common medications that are used during pregnancy are covered. Up-to-date information for nurses caring for women during pregnancy and lactation is offered so nurses are prepared to give accurate advice.*

Angela Y. Stanley, APRN-BC, PHCNS-BC, NEA-BC, RNC-OB, C-EFM, Catherine O. Durham, DNP, FNP-BC, James J. Sterrett, PharmD, BCPS, CDE, Jerrol B. Wallace, DNP, MSN, CRNA

### 206 **SDC** A Concept Analysis of Parental Uncertainty in Illness of an Infant

*In this article, essential antecedents, attributes, and consequences of parental uncertainty in illness are identified based on a review of the literature. Parental uncertainty in illness of an infant is a paradoxical, cognitive and emotional experience which may cause disruption in parental role development. Nursing care of parents with ill infants and children must include sensitivity to parents' experiences of uncertainty in illness, normalize parental uncertainty, and facilitate healthy coping.*

Kathryn Jeanne Malin, MSN, RN, NNP-BC, Teresa S. Johnson, PhD, RN



### 212 Care and Treatment Recommendations for Pregnant Women with Opioid Use Disorder

*Opioid use among pregnant women in the United States has increased significantly over the last decade. A review of care and treatment recommendations from the literature and professional organizations is provided. Non-judgmental, non-biased care and knowledge of local referral services are essential for nurses to help women who are affected in order to promote healthy outcomes for mother and baby.*

Virginia A. Reising, DNP, MSN, RN, PHNA-BC, Martha Dewey Bergren, DNS, RN, NCSN, PHNA-BC, FNASN, FASHA, FAAN, Amanda Bennett, PhD, MPH

### 220 Women's Experiences with Tandem Breastfeeding

*Some mothers are reluctant to wean their child due to a subsequent pregnancy and may breastfeed throughout their second pregnancy, give birth to their second child, and simultaneously breastfeed two children. These mothers are engaged in tandem breastfeeding. In this study, the biological and emotional considerations of tandem breastfeeding are reviewed and women who have experience with tandem breastfeeding offer practical suggestions for nurses.*

Molly Patricia O'Rourke, BS, BSN, RN, Diane L. Spatz, PhD, RN-BC, FAAN

### 228 Experiences of Women with Postpartum Depression Participating in a Support Group led by Mental Health Providers

*In this study, women with postpartum depression who participated in a postpartum support group facilitated by mental health professionals, offered their thoughts on how the support group helped them cope and manage their postpartum depression. They felt supported, were more likely to disclose their symptoms to other women in the same situation, and were able to share their feelings without fear of judgement. Nurses should be aware of these types of services in the community so they can refer women as needed.*

Carolyn Cook, DNP, MSN, RNC-OB, Deepika Goyal, PhD, MS, FNP-C, Monica Allen, DrPH, MPH





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## ongoing columns

### 185 EDITORIAL

#### Predatory Conferences

*Being invited to present at an international conference may sometimes be a scam. A list of potential red flags when considering participation is offered. Be sure to thoroughly scrutinize all aspects of the conference. The negative implications for presenters can go beyond spending hundreds or thousands of dollars; attendance can imply naivete and lack of scholarly due diligence (similar to publishing works in predatory journals). In some universities, participation in these types of conferences or publishing in predatory journals can be considered a type of academic fraud.*

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

### 234 HOT TOPICS IN MATERNITY NURSING

#### Caring for Women with Obesity

*Obesity is a medical condition that requires comprehensive, compassionate, nonjudgmental care to promote the best outcomes. Many clinicians have implicit biases against women who are obese. Our maternity nursing expert, Molly Killion, reviews the most recent committee opinion from the American College of Obstetricians and Gynecologists on this topic.*

Molly Killion, MS, RN, CNS

### 235 HOT TOPICS IN PEDIATRIC NURSING

#### Increasing Popularity of Vaping among Adolescents

*Over the past decade use of e-cigarettes has dramatically increased among youth in the United States. Our pediatric nursing expert, Dr. Beal, explains the recent trends and how nurses can help teens and their parents have enough information about vaping to avoid starting this unhealthy practice and to stop if started.*

Judy A. Beal, DNSc, RN, FNAP, FAAN

### 236 BREASTFEEDING

#### Protecting Breastfeeding for Adolescents who Return to School

*Our breastfeeding expert, Dr. Spatz, reports on a novel program to promote breastfeeding among teen mothers in Philadelphia by collaborating with the School District of Philadelphia, a state initiative called the Education to Leading to Employment and Career Training, and the University of Pennsylvania School of Nursing.*

Diane L. Spatz, PhD, RN-BC, FAAN



### 237 GLOBAL HEALTH AND NURSING

#### Global Measles Outbreak

*Despite significant and long-standing efforts by the World Health Organization to promote vaccination of all children in the world, measles remains a major risk of adverse outcomes. In the United States in 2019, there are several measles outbreaks, generally in areas where many parents opt out of the recommended vaccines for their children. Our global health nursing expert, Dr. Callister, offers an update on the current measles outbreak in the United States and around the world.*

Lynn Clark Callister, PhD, RN, FAAN

### 240 TOWARD EVIDENCE BASED PRACTICE

*Experts suggest how 6 research articles can be used in nursing practice.*

Coordinated by Annie Rohan, PhD, RN, NNP-BC, PNP-BC

### 244 PERINATAL PATIENT SAFETY

#### The March for Moms

*Maternal mortality in the United States has increased over the past decade. Maternal morbidity and mortality disproportionately affect women of color. Dr. Breedlove, president of the March for Moms, discusses how a maternity action group of volunteers who also are influential national leaders representing diverse professional societies have joined together with a common goal of making maternity care in the United States safe for all women in all settings. The third annual March for Moms rally was held on the National Mall on Saturday May 11, 2019.*

Ginger Breedlove, PhD, CNM, FACMN, FAAN

## MISSION STATEMENT

**MCN: The American Journal of Maternal Child Nursing**, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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