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CE Nursing Support During
Latent Phase Labor


Adolescents' Perceptions
of Childbirth

Safe Sleep Education for
New Moms during Nurse
Home Visits

CE Prenatal Care for
American Indian Women

Grief Among Neonatal
Intensive Care Nurses

Mindfulness and Yoga
to Decrease Depressive
Symptoms Postpartum

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feature articles

197 **CE** Nursing Support During Latent Phase Labor: A Scoping Review

Recent labor management guidelines suggest longer normal limits of latent phase labor than previously acknowledged. Nursing support during latent phase labor is an important aspect of overall nursing care during labor and birth. In this scoping review, nursing care during the latent phase of the first stage of labor is explored, common themes are identified, and recommendations for practice are offered.

Rachel Blankstein Breman, PhD, MPH, RN, Carrie Neerland, PhD, APRN, CNM

208 Adolescents' Perceptions of Childbirth

This qualitative study of adolescents' experiences during labor and birth provides rich data about the vulnerable population of teen mothers. Findings offer suggestions for nursing care that can support teen mothers giving birth based on their concerns, expectations, and preferences.

Cheryl Ann Anderson, PhD, RN, CNS, Kathy Baker, PhD, APRN, ANCS-BC, FCNS, FAAN, Lindsay Harter, BSN, MSN, RN

214 Supporting African American Mothers during Nurse Home Visits in Adopting Safe Sleep Practices

Sudden unexpected infant deaths are increasing in the United States. In this study, nurses from the Nurse Family Partnership who provide home visits to pregnant women and new mothers in Indiana participated in a focus group to discuss how to better support African American mothers in adopting safe sleep practices that can minimize risk of sudden infant death.

Deborah Stiffler, PhD, RN, CNM, Sherry Mukasa Matemachani, CHES, Lisa Crane, MSN, RN



221 **CE** Prenatal Care for American Indian Women

American Indian women face many challenges in accessing maternal and infant care during pregnancy, birth, and postpartum. A review of the evidence is presented with suggestions for home visits as a potential solution to improve maternity care access and enhance outcomes.

Mary Beth Johnson, D.Bioethics, MN, RNC

228 Grief among Neonatal Intensive Care Nurses

Nurses in the neonatal intensive care unit (NICU) experience grief when an infant death occurs. In this study, the grief experience of NICU nurses is explored and recommendations for supporting them are offered.

Alison Rodriguez, MS, BA, RN, RNC-NIC, Arlene Spilker, DNP, RN, FNP-C, CNE, Deepika Goyal, PhD, MS, RN, FNP-C

233 Mindful Moms: Motivation to Self-Manage Depression Symptoms

Mindful Moms is a self-management intervention involving nurse-led motivational interviewing and group-based mindful yoga. Women who participated in the program shared their experiences. Based on findings, Mindful Mom appears to be a feasible and acceptable approach to enhancing motivation to self-manage depressive symptoms in pregnant women.

Sasha Russell, BSN, RN, Christine Aubry, BSN, RN, Amy Rider, BSN, RN, Suzanne E. Mazzeo, PhD, Patricia A. Kinser, PhD, RN, WHNP-BC, FAAN



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ongoing columns

196 EDITORIAL

Inclusive and Respectful Language in Scholarly Writing and Speaking

Inclusive and respectful language in manuscripts published in MCN is an important consideration in writing for the journal and editing accepted articles. As use of gender-neutral language and descriptions of race and ethnicity evolve and value-laden words are scrutinized, we will be helping authors make sure their scholarly work is appropriately presented in MCN.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

240 HOT TOPICS IN MATERNITY NURSING

Maternal Mortality in the United States

New data on maternity mortality in the United States was published in January 2020, the first time since 2007, due to a change in how maternal deaths were reported, and to allow states to begin using the new system. Our maternity nursing expert, Molly Killion, presents an overview of the results.

Molly M. Killion, MS, RN, CNS

241 HOT TOPICS IN PEDIATRIC NURSING

Screen Time and Toddlers: New Evidence on Potentially Negative Effects

As more evidence becomes available about the negative effects of screen time for young children, pediatric nurses can help parents develop a family plan to minimize risk from exposure to excessive screen time. Our pediatric nursing expert, Dr. Beal, explains the new evidence on screen time and toddlers.

Judy A. Beal, DNSc, RN, FNAP, FAAN

242 BREASTFEEDING

Improving Breastfeeding for Homeless Families

Women and families experiencing homelessness face many challenges in breastfeeding. Our breastfeeding expert, Dr. Spatz, discusses two programs offered by the University of Pennsylvania to support breastfeeding mothers living in homeless shelters.

Diane L. Spatz, PhD, RN-BC, FAAN

243 GLOBAL HEALTH AND NURSING

Now is the Time: Enhancing Access to Midwifery Care in the United States

Midwifery care is not available for all women in the United States. Various barriers exist including an inadequate number of midwives. Unlike other peer high-resource countries, in the United States there are various paths to becoming a midwife rather than a standard training program that involves university education. There are several midwifery credentials, which can be confusing to potential patients, the community, and other health care professionals. Much work is needed to make midwifery care available as a choice for women in the United States. Our global health nursing expert, Dr. Callister, offers a perspective on midwifery in the United States as compared to peer countries.

Lynn Clark Callister, PhD, RN, FAAN

244 TOWARD EVIDENCE-BASED PRACTICE COLUMN

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Annie Rohan, PhD, RN, NNP-BC, CPNP-PC, FAANP

248 PERINATAL PATIENT SAFETY COLUMN

Considerations for Active Labor Management with Oxytocin: More May Not be Better

Recent evidence suggests an oxytocin “rest” or discontinuing oxytocin once active labor has been established may be one way to minimize labor complications and decrease risk of cesarean birth for some women.

Kathleen Rice Simpson, PhD, RN, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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