

MCN

The American Journal of Maternal/Child Nursing®

Postpartum Depression
in American Indian and
Alaska Native Women


Secondary Traumatic
Stress Among Labor and
Delivery Nurses

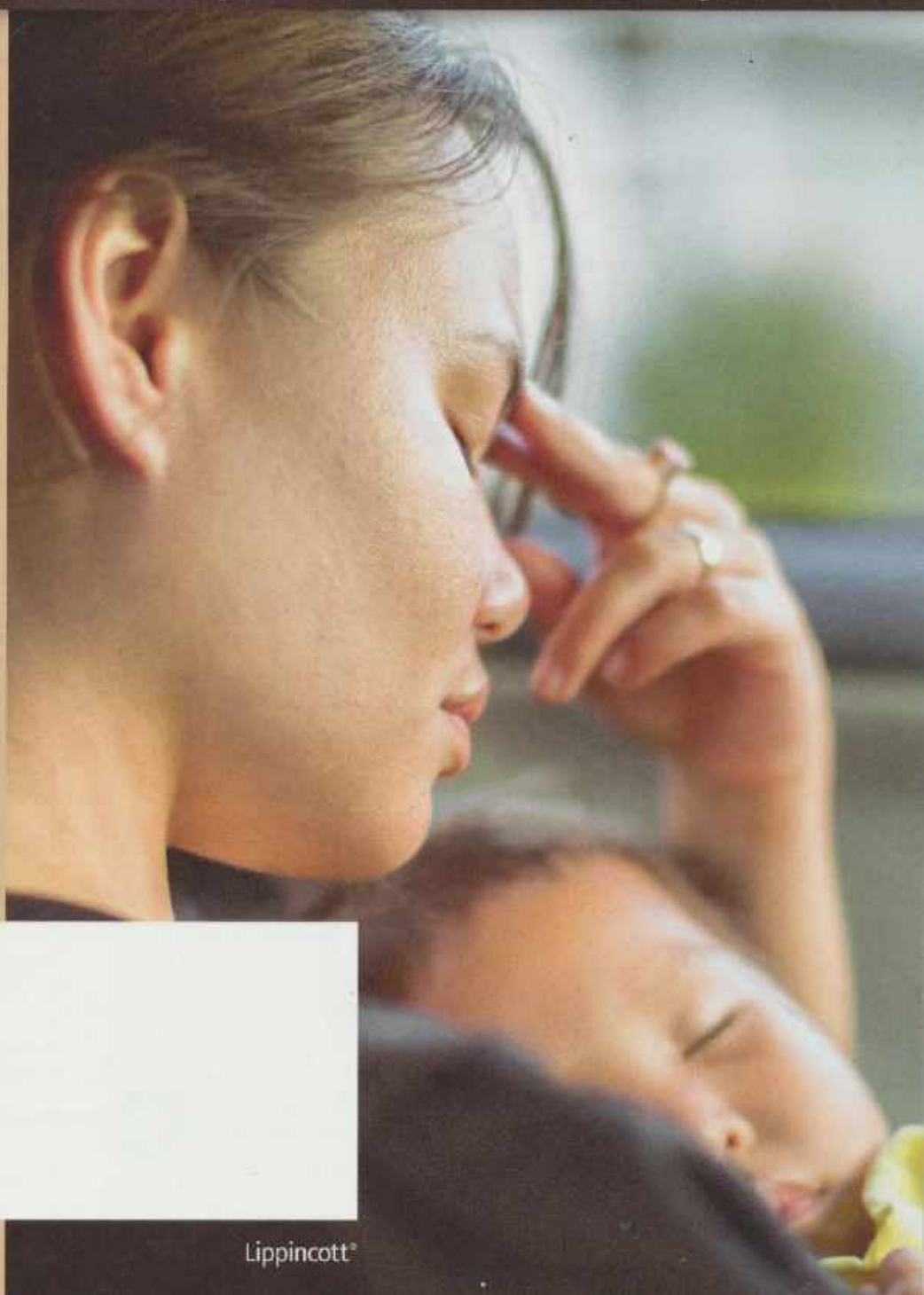
CE Impact of COVID-19 on
Childbirth: Voices of US
Women

Birth and Breastfeeding
during COVID-19
Pandemic

Nurses' Responses to
Maternal Early Warning
System Symptoms

CE Childbirth Care for
Individuals Who Identify
as LGBTQ+

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feature articles

6 Postpartum Depression in American Indian/Alaska Native Women: A Scoping Review

American Indian, Native Alaskan, and Indigenous women are not well represented in the postpartum depression literature. In this review, gaps in the literature are identified and suggestions for future research are offered.

Jennifer L. Heck, PhD, RNC-NIC, CNE

14 Secondary Traumatic Stress Among Labor and Delivery Nurses

Nurses who care for women during labor and birth often witness traumatic events such as pregnancy loss, a stillborn baby, perineal trauma, difficult operative vaginal birth, a depressed newborn at birth, maternal complications including amniotic fluid embolism, massive postpartum hemorrhage and at times, maternal death. These events can lead to secondary traumatic stress. In this study, labor and birth nurses in one three-hospital system share their experiences with secondary traumatic stress.

Erika M. Nicholls, MSN, RN-C-EFM, Robin M. Hermann, MSN, RN, CCRP, Nicholas A. Giordano, PhD, RN, Rebecca L. Trotta, PhD, RN

21 **CE** Pregnant Women's Reports of the Impact of COVID-19 on Pregnancy, Prenatal Care, and Infant Feeding Plans

The COVID-19 pandemic has had a major impact on all aspects of health care including prenatal care, childbirth, and infant feeding. In this research, an interdisciplinary group of clinicians surveyed pregnant women across the United States using a pregnancy app to see how the pandemic has affected them during the childbirth process. The voices of these new mothers are highlighted in this study.

Adriane Burgess, PhD, RNC-OB, CCE, CNE, Rachel Blankstein Breman, PhD, MSN, MPH, RN, Dani Bradley, MS, MPH, Sophia Dada, Paul Burcher, MD, PhD

30 Birth and Breastfeeding in the Hospital Setting during the COVID-19 Pandemic

In this study, women describe their experiences with being pregnant, getting prenatal care, childbirth education, giving birth, breastfeeding, and newborn visits during the early months of the COVID-19 pandemic. Supportive nursing care and consistent messaging from



caregivers were very important to help them handle the stress and uncertainty of the childbirth process in the midst of the pandemic.

Diane Lynn Spatz, PhD, RN-BC, FAAN, Elizabeth B. Froh, PhD, RN

36 Maternity Nurses' Responses to Maternal Early Warning Criteria

As the health care profession that provides the majority of hands-on, direct bedside clinical care, nurses are often the first to notice subtle and potentially concerning changes in maternal condition. In this study of nurses in a three-hospital system, nurses' response to maternal early warning signs were evaluated.

Kate H. Gillespie, DNP, RN, Amber Chibuk, MSN, BA, RN, Jennifer Doering, PhD, RN, Ken Nelson III, DNP, RN, NE-BC, CPHQ

43 **CE** Care during Pregnancy, Childbirth, Postpartum, and Human Milk Feeding for Individuals Who Identify as LGBTQ+

Individuals who identify as LGBTQ+ need and deserve respectful, affirming, compassionate care during pregnancy, labor, birth, postpartum, and human milk feeding. A review is offered to promote high quality nursing care for this population. Details of providing human milk including inducing lactation and co-lactating are covered in detail.

Kellie M. Griggs, DNP, MSN, RNC-OB, Colette B. Waddill, DNP, MSN, RN, IBCLC, CNE, CHSE, April Bice, PhD, CPNP, APRN, Natalie Ward, BS, IBCLC



BREASTFEEDING

2020 Breastfeeding Report Card: We Must Do More!

The 2020 Breastfeeding Report Card by the Centers Disease Control and Prevention was released in August 2020 in time for World Breastfeeding Week and National Breastfeeding Month. Our breastfeeding expert, Dr. Spatz, explains the findings and makes recommendations about what nurses can do to promote breastfeeding.

Diane L. Spatz, PhD, RN-BC, FAAN

ongoing columns

5 Editorial

Black Lives Matter: COVID, Crisis, and Color

The COVID-19 pandemic has been stressful for nurses and childbearing women. Some women have experienced this stress more than others because they are disadvantaged, underserved, and have limited resources. Black women are especially at risk for poor pregnancy outcomes, not due to their race, but rather the long-standing structural racism and discrimination that are embedded in our health care system and society. MCN joins with other nursing organizations in recognizing racism as a public health crisis, one that nurses can do much to mitigate by their hands-on care, institutional and organizational leadership, policy making, and advocacy.

Annie J. Rohan, PhD, RN, FAANP, FAAN, and Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

56 Hot Topics in Maternity Nursing Partnering with Patients and Families to Prevent Maternal Morbidity and Mortality

Approximately 700 women die each year in the United States from pregnancy-related complications. American Indian/Alaska Native and Black women are disproportionately affected and are two to three times more likely to die than White women. Two-thirds of these deaths are likely preventable. Several organizations have developed campaigns to raise awareness about the urgent maternal warning signs: Association of Women's Health, Obstetric, and Neonatal Nurses, Centers for Disease Control and Prevention, and Council on Patient Safety in Women's Health Care. Our maternity nursing expert, Dr. Wisner, provides an overview.

Kirsten Wisner, PhD, RNC-OB, CNS, C-EFM

57 Hot Topics in Pediatric Nursing Consensus Reached on Feeding Infants and Children

New consensus guidelines on infant feeding have been released from the National Academies of Sciences, Engineering, and Medicine. Our pediatric nursing expert, Dr. Beal, summarizes the document and offers suggestions for dissemination.

Judy A. Beal, DNSc, RN, FNAP, FAAN

59 GLOBAL HEALTH AND NURSING Maternal Mortality Among Indigenous Peoples

Indigenous women have more adverse pregnancy outcomes when compared to women of other ethnic groups. Our guest global health and nursing columnist, Dr. Heck, highlights these disparities in the United States and across the world.

Jennifer L. Heck, PhD, RNC-NIC, CNE

60 TOWARD EVIDENCE-BASED PRACTICE

Experts suggest how 6 research articles can be used in nursing practice.

Coordinated by Annie J. Rohan, PhD, RN, NNP-BC, CPNP-BC, FAANP, FAAN

64 PERINATAL PATIENT SAFETY Maternal Transport

New resources about maternal transport have been published by the Association of Women's Health, Obstetric, and Neonatal Nurses and the Society for Maternal-Fetal Medicine. Details of each of the resources are reviewed with recommendations for incorporating them into clinical practice.

Kathleen Rice Simpson, PhD, RNC, CNS-BC, FAAN

MISSION STATEMENT

MCN: The American Journal of Maternal Child Nursing, is written for nurses who are involved in various aspects of maternal and child nursing. MCN provides clinical and research articles to support nurses in practice that are based on the most recent and rigorous evidence. This peer-reviewed journal offers integrated clinical practice information and thought-provoking solutions for all aspects of maternal child care in the inpatient, outpatient and home care settings.

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