MEDSURG NURSING®

A Jannetti Publications Inc. Journal

medsurgnursing.net

NCPD | Proactive Approaches for Women Military Veterans with Unhealthy Alcohol Use

The Development and Validation of a Medical-Surgical Nursing Competency Framework

Implementing a Two-RN Skin Assessment to Reduce Hospital-Acquired Pressure Injuries

NCPD | Clinical Case Study: Celiac Disease

Assessing Firearm Access and Providing Safe Gun Storage Education

An Educational Program on Standardization of Care for Acute Opioid Withdrawal

NCPD | Nurses' Perceived Knowledge of Mental Health Education in Medical-Surgical Settings

Using PHOTOFOOD to Assess Adherence to Protein Intake after Cardiac Surgery

A CLASSIC Approach to Bridge the Education-Practice Gap in New Graduate Nurses

Earn 3.5 Contact Hours in this issue

The Official Publication of



Volume 32, Number 4 • July/August 2023

Articles

Clinical Practice NCPD | Proactive Approaches for Women Military Veterans with Unhealthy 213

Alcohol Use Mary Strange, Michael J. Keller, Patricia L. Conard, and Myrna L. Armstrong

Research for Practice

219 The Development and Validation of a Medical-Surgical Nursing **Competency Framework**

Manfred Straehle, Emily Kim, Cynthia Rothenberger, Richard Alexander, Summer Bryant, and Terri Hinkley

Continuous Quality Improvement

227 Implementing a Two-RN Skin Assessment to Reduce Hospital-Acquired **Pressure Injuries** Lindsay Strand, Jessica Dennee, and David Mulkey

Clinical Case Study

232 **NCPD** | Clinical Case Study: Celiac Disease Anne Marie Flatekval and Eileen Deshpande

Research for Practice

237 **Assessing Firearm Access and Providing Safe Gun Storage Education** Kimberly Smith Sheppard, Catherine A. Griffith, Elizabeth Suschana, Elise Gettings, Meaghan Rudolph, Julia Mancuso, Sydney Brumfield, Kathryn E. Hall, and Margie H. Sipe

Evidence-Based Practice

244 An Educational Program on Standardization of Care for Acute Opioid Withdrawal Jessica A. Larson

Reader Services

Subscription info:

Jannetti Publications, Inc. East Holly Avenue Box 56 • Pitman, NJ 08071-0056 (856) 256-2300 • FAX (856) 589-7463 msjrnl@ajj.com • medsurgnursing.net

Subscription rate: Personal \$74 per year. Institutional \$110 per year. \$45 additional postage (per year) outside U.S. Single copy \$23.

Claims for missing issues: Claims for missing issues must be submitted within 4 months (6 months international) of the publication date. For more information, contact Jannetti Publications, Inc., East Holly Avenue/Box 56, Pitman, NJ 08071-0056; (856) 256-2300; FAX (856) 589-7463; msiml@aji.com

Cancellations: Subscription cancellations will not be accepted after the 2nd issue has been

Authorization to photocopy items for internal or personal use, or the internal use of specific clients, is granted by Jannetti Publications, Inc., provided that the appropriate fee is paid directly to Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923; (978) 750-8400; www.copyright.com. For those organizations that have been granted a photocopy license by CCC, a separate system of payment has been arranged. Special arrangements for permission are required from the publisher for any other purpose.

MEDSURG NURSING is a refereed journal, with exception of the Departments. The opinions expressed in the journal are those of the contributors, authors, and/or advertisers, and do not necessarily reflect the views of Jannetti Publications, Inc., **MEDSURG NURSING**, or its editorial

MEDSURG NURSING is indexed in and selected full text is available from the Cumulative Index to Nursing & Allied Health Literature (CINAHL), EBSCO Academic Search Premier, Gale/Cengage, Google Scholar, Ovid, ProQuest, and Scopus.

MEDSURG NURSING (ISSN 1092-0811) is owned and published bimonthly by Jannetti Publications, Inc.; East Holly Avenue Box 56, Pitman, NJ 08071-0056; (856) 256-2300. Periodicals postage paid at Deptford, NJ and at additional mailing offices. Copyright 2023 by Jannetti Publications, Inc. All rights reserved. Reproduction in whole or part, electronic or mechanical, without written permission of the publisher is prohibited.

Change of address must be reported 6 weeks prior to change to insure delivery. The publisher cannot assume responsibility of replacing undelivered issues. **POSTMASTER**: Send address changes and undelivered copies to MEDSURG NURSING, East Holly Avenue Box 56, Pitman, NJ 08071-0056

NURSING

Articles

Research	for	Practice

249 NCPD | Nurses' Perceived Knowledge of Mental **Health Education in Medical-Surgical Settings** Valerie Seney, Jacqueline Insana, Kara Misto, and Brittney O'Neale

Research for Practice

254 **Using PHOTOFOOD to Assess Adherence** to Protein Intake after Cardiac Surgery Ameera Chakravarthy, Barbara Resnick, Kelly Doran, Elizabeth Galik, Cynthia L. Renn, and Eric J. Lehr

Continuous Quality Improvement 261 A CLASSIC Approach to Bridge the Education-**Practice Gap in New Graduate Nurses** Seema Pillai, Josette Hartnett, and Suzanne I. Rose

Departments

- 209 **AMSN President's Message Nursing Research and Evidence-Based Practice**
- 211 Editorial **Nursing: The Art and Science**
- 267 Integrating Evidence Into Practice Safe Medication Administration: So Many Considerations
- 270 Preparing for CMSRN® Certification Living With a New Ostomy



Engaging and enlightening, the free MEDSURG Nursing Journal **Podcast Series is available** at www.medsurgnursing.net

- 014. The Role of the Nurse Educator
- 013. Career Development Relationships to Enhance Your Career as a Medical-Surgical Nurse
- 012. Compassion Fatigue and Nurse Resilience in a Post-Pandemic Healthcare Environment
- 011. Missed Nursing Care and Med-Surg Nursing
- 010. Roundtable Discussion: Alternative Staffing Models for Med-Surg Units
- 009. Interview with MEDSURG Nursing Columnist and Health Policy Expert Donna Middaugh, PhD, RN
- 008. International Perspectives: The Role of Medical-Surgical Nurses in Indonesia
- 007. How to Be an Effective Peer Reviewer
- 006. Acute-on-Chronic Pain: The Med-Surg Nurse's Role
- 005. Coloring Mandalas: A Promising Technique to Lower Anxiety among Medical-Surgical Nurses and Nursing Support Staff

Dottie Roberts, EdD, MSN, MACI, RN, CMSRN®, OCNS-C®, CNE Walden University Southern New Hampshire University Lexington, SC

Managing Editor Kathleen Thomas

Editorial Assistant Rebecca Klavens

Research Editor Lynne M. Connelly, PhD, RN Benedictine College Atchison, KS

Education Director

Michele Boyd, MSN, NPD-BC Pitman, NJ

Editorial Board

Aiken, SC

Katie Chargualaf, PhD, RN, CMSRN®, FAAN University of South Carolina

Ann Yacone DiAgostino, MSN, RN, CMSRN® Milford, PA

Terry L. Jones, PhD, RN, FAAN Virginia Commonwealth University Richmond, VA

Barbara Potts, DNP, RN-BC, APRN-CNS, ACCNS-AG, MEDSURG-BC The Ohio State University Wexner Medical Columbus, OH

Mary L. Schreiber, MSN, RN, CMSRN® Nurse Consultant Ehrhardt, SC

AMSN Liaison Marisa Streelman, DNP, RN, CMSRN®,

University of Michigan-Michigan Medicine Ann Arbor, MI

Senior Director, Creative Design & Production Jack M. Bryant

Layout & Design Specialist Darin Peters

National Sales Manager Ben Smith

Advertising Coordinator Heidi Perret

Circulation Manager

Senior Director, Editorial Services Carol M. Ford

Publisher Anthony J. Jannetti

Journal Office Jannetti Publications, Inc. East Holly Avenue Box 56 Pitman, NJ 08071-0056 (856) 256-2300 FAX (856) 589-7463

msjrnl@ajj.com medsurgnursing.net

Twitter @MedSurgNursing

Anthony J. Jannetti, Inc. (www.ajj.com) is accredited by the Association Management Company Institute.