

# MEDSURG

# NURSING®

A Jannetti Publications Inc. Journal

**NCPD** | Concept Analysis: Hospitalized Adult Patient Experience

**NCPD** | Symptom-Triggered Therapy Using Minnesota Detoxification Scale (MINDS) on Medical-Surgical Units

Music Listening: An Evidence-Based Approach to Managing Postoperative Pain

**NCPD** | Team Nursing: An Innovative Approach to Address the Nursing Shortage

Purposeful Nurse Rounding: A Review of the Evidence

Developing Leaders in Medical-Surgical Settings Using Leadership Competencies

Internal Disc Derangement of the Temporomandibular Joint

[medsurgnursing.net](http://medsurgnursing.net)

Earn **3.8 Contact Hours**  
in this issue.  
Free NCPD for subscribers!



# MEDSURG

---

# NURSING®

Volume 33, Number 2 • March-April 2024

## Articles

- 58** **NCPD | Concept Analysis: Hospitalized Adult Patient Experience**  
*Sheree A. Scott and Ann M. Mayo*
- 65** **Research for Practice**  
**NCPD | Symptom-Triggered Therapy Using Minnesota Detoxification Scale (MINDS) on Medical-Surgical Units**  
*Daniela F. Coppa, Elizabeth A. Rosendo, Josette Hartnett, and Suzanne J. Rose*
- 73** **Evidence-Based Practice**  
**Music Listening: An Evidence-Based Approach to Managing Postoperative Pain**  
*Tammie Ferguson, Colleen Taylor, Kelly Phillips, and Greg Shannon*
- 79** **Systematic Review**  
**NCPD | Team Nursing: An Innovative Approach to Address the Nursing Shortage**  
*Nicole Quaranta*
- 85** **Systematic Review**  
**Purposeful Nurse Rounding: A Review of the Evidence**  
*Veterans' Health Administration Office of Nursing Service Evidence-Based Practice Field Advisory Committee  
Clinta Ché Reed, Lisa Wayman, Colleen Walsh-Irwin, Michelle R. Mountfort, Francesca A. Bryan-Couch,  
Danielle Burzlaff, Jennifer Silva, Randy Moore, Debi Sampsel, Kimberly Barnes, Kathleen Parker, Leslie Rowan,  
and Suzzette A. Seril*

### Accreditation Statement

This educational activity is provided by Anthony J. Jannetti, Inc.

Anthony J. Jannetti, Inc., is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.  
Anthony J. Jannetti, Inc. is an approved provider of continuing nursing education by the California Board of Registered Nursing, Provider Number CEP5387.

**Statement of Disclosure:** The author(s), editor, content reviewers, and education director have no relevant financial relationships to disclose, unless noted with a specific article.

### Reader Services

#### Subscription info:

Jannetti Publications, Inc.  
East Holly Avenue Box 56 • Pitman, NJ 08071-0056  
(856) 256-2300 • FAX (856) 589-7463  
msjml@ajj.com • medsurgnursing.net

**Subscription rate:** Personal \$74 per year. Institutional \$110 per year. \$45 additional postage (per year) outside U.S. Single copy \$23.

**Claims for missing issues:** Claims for missing issues must be submitted within 4 months (6 months international) of the publication date. For more information, contact Jannetti Publications, Inc., East Holly Avenue/Box 56, Pitman, NJ 08071-0056; (856) 256-2300; FAX (856) 589-7463; msjml@ajj.com

**Cancellations:** Subscription cancellations will not be accepted after the 2nd issue has been mailed.

**Authorization to photocopy** items for internal or personal use, or the internal use of specific clients, is granted by Jannetti Publications, Inc., provided that the appropriate fee is paid directly to Copyright Clearance Center, 222 Rosewood Drive, Danvers, MA 01923; (978) 750-8400; www.copyright.com. For those organizations that have been granted a photocopy license by CCC, a separate system of payment has been arranged. Special arrangements for permission are required from the publisher for any other purpose.

**MEDSURG NURSING** is a refereed journal, with exception of the Departments. The opinions expressed in the journal are those of the contributors, authors, and/or advertisers, and do not necessarily reflect the views of Jannetti Publications, Inc., **MEDSURG NURSING**, or its editorial staff.

**MEDSURG NURSING** is indexed in and selected full text is available from the **Cumulative Index to Nursing & Allied Health Literature (CINAHL)**, **EBSCO Academic Search Premier**, **Gale/Cengage**, **Google Scholar**, **Ovid**, **ProQuest**, and **Scopus**.

**MEDSURG NURSING** (ISSN 1092-0811) is owned and published bimonthly by Jannetti Publications, Inc.; East Holly Avenue Box 56, Pitman, NJ 08071-0056; (856) 256-2300. Periodicals postage paid at Deptford, NJ and at additional mailing offices. Copyright 2024 by Jannetti Publications, Inc. All rights reserved. Reproduction in whole or part, electronic or mechanical, without written permission of the publisher is prohibited.

**Change of address** must be reported 6 weeks prior to change to insure delivery. The publisher cannot assume responsibility of replacing undelivered issues. **POSTMASTER:** Send address changes and undelivered copies to **MEDSURG NURSING**, East Holly Avenue Box 56, Pitman, NJ 08071-0056.



## Departments

- 57 **Editorial**  
COVID: 4 Years Later
- 92 **Understanding Research**  
Statistical Generalization
- 93 **Leadership in Nursing**  
Developing Leaders in Medical-Surgical Settings Using Leadership Competencies
- 96 **Integrating Evidence Into Practice**  
Internal Disc Derangement of the Temporomandibular Joint
- 100 **Nurses as Educators**  
Being Military Minded: Caring for the Military Community

**MEDSURG  
NURSING®**

PODCASTS

Engaging and enlightening, the free **MEDSURG Nursing Journal Podcast Series** is available at [www.spreaker.com/show/medsurg-nursing](http://www.spreaker.com/show/medsurg-nursing)

- 015. Becoming a Clinical Nurse Leader: Facilitating Leadership Development Opportunities in Education and Practice
- 014. The Role of the Nurse Educator
- 013. Career Development Relationships to Enhance Your Career as a Medical-Surgical Nurse
- 012. Compassion Fatigue and Nurse Resilience in a Post-Pandemic Healthcare Environment
- 011. Missed Nursing Care and Med-Surg Nursing
- 010. Roundtable Discussion: Alternative Staffing Models for Med-Surg Units
- 009. Interview with MEDSURG Nursing Columnist and Health Policy Expert Donna Middaugh, PhD, RN
- 008. International Perspectives: The Role of Medical-Surgical Nurses in Indonesia
- 007. How to Be an Effective Peer Reviewer
- 006. Acute-on-Chronic Pain: The Med-Surg Nurse's Role
- 005. Coloring Mandalas: A Promising Technique to Lower Anxiety among Medical-Surgical Nurses and Nursing Support Staff
- 004. Adverse Medication Events Leading to Hospital Re-Admissions: An Important Gap to Consider
- 003. Respiratory Compromise — Awareness, Treatment, and the Role of the MedSurg Nurse
- 002. Interview with Dr. Peter Buerhaus — Healthcare Workforce Shortage and Solutions
- 001. Using Resiliency in the Professional Practice of Nursing

### Editor

*Dottie Roberts, EdD, MSN, MACI, RN, CMSRN®, OCNS-C®, CNE*  
Walden University  
Southern New Hampshire University  
Lexington, SC

### Managing Editor

*Kathleen Thomas*

### Editorial Assistant

*Rebecca Klavens*

### Research Editor

*Lynne M. Connelly, PhD, RN*  
Benedictine College  
Atchison, KS

### Education Director

*Michele Boyd, MSN, NPJ-BC*

### Editorial Board

*Katie Chargualaf, PhD, RN, CMSRN®, FAAN*

University of South Carolina  
Aiken, SC

*Angela Mulcahy-Spence, PhD, RN, CMSRN, CHSE*

Texas A&M University  
Bryan, TX

*Barbara Potts, DNP, RN-BC, APRN-CNS, ACCNS-AG, MEDSURG-BC*

The Ohio State University Wexner Medical Center  
Columbus, OH

*Sally S. Russell MN, BSN, RN, CNE(ret)*

Ascend Learning  
Kansas City, KS

*Mary L. Schreiber, MSN, RN, CMSRN®*

Nurse Consultant  
Ehrhardt, SC

### Senior Director, Creative Design & Production

*Jack M. Bryant*

### Layout & Design Specialist

*Darin Peters*

### Advertising Coordinator

*Heidi Perret*

### Circulation Manager

*Sam Davis*

### Senior Director, Editorial Services


*Carol M. Ford*


### Publisher


*Anthony J. Jannetti*


### Journal Office


Jannetti Publications, Inc.  
East Holly Avenue Box 56  
Pitman, NJ 08071-0056  
(856) 256-2300 • FAX (856) 589-7463  
[msjnl@ajj.com](mailto:msjnl@ajj.com) • [medsurgnursing.net](http://medsurgnursing.net)

 [facebook.com/medsurgnursingjournal](https://facebook.com/medsurgnursingjournal)

 @MedSurgNursing

 [linkedin.com/company/medsurg-nursing-journal/](https://linkedin.com/company/medsurg-nursing-journal/)

 @medsurgnursingjournal

 @msj.nursing.journal

**Anthony J. Jannetti, Inc.** ([www.ajj.com](http://www.ajj.com)) is accredited by the Association Management Company Institute.